

Poznańska Piwna Mila na Targach

Poznań 16.11.2019 | Dystans: 1,60 km | Wyniki OPEN

Klasyfikacja według czasów netto



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik | śr.tempo min/km |
|------|-----|--|------|--|-----------------------|---------|------------|----------------|----|---|----------|-----------------|
| 1 | 235 | Łukasz Jagielski 400 m: 00:01:20 800 m: 00:02:55 1200 m: 00:04:34 | POL | AZS UAP | Poznań | 1992 | M18 | 1 | 1 | | 00:06:01 | 03:46 |
| 2 | 258 | Filip Jańczak 400 m: 00:01:22 800 m: 00:02:59 1200 m: 00:04:39 | POL | Polonia Środa | Środa | 1989 | M30 | 1 | 2 | | 00:06:05 | 03:49 |
| 3 | 194 | Maciej Skórnicki 400 m: 00:01:28 800 m: 00:03:13 1200 m: 00:05:01 | POL | Sqoora Training | Szamotuły | 1996 | M18 | 2 | 3 | | 00:06:40 | 04:10 |
| 4 | 256 | Mateusz Jackowski 400 m: 00:01:28 800 m: 00:03:15 1200 m: 00:05:05 | POL | Real Madryt | Nekla | 1978 | M40 | 1 | 4 | | 00:06:49 | 04:16 |
| 5 | 48 | Hubert Mikołajczak 400 m: 00:01:22 800 m: 00:03:16 1200 m: 00:05:07 | POL | Szymanowski Team/ Manufaktura Mieszkań | Darnowo | 1995 | M18 | 3 | 5 | | 00:06:52 | 04:18 |
| 6 | 202 | Dawid Dębowski 400 m: 00:01:35 800 m: 00:03:26 1200 m: 00:05:17 | POL | | Września | 1998 | M18 | 4 | 6 | | 00:07:01 | 04:23 |
| 7 | 105 | Tomasz Kuklis 400 m: 00:01:28 800 m: 00:03:22 1200 m: 00:05:16 | POL | literaki.com | Poznań | 1986 | M30 | 2 | 7 | | 00:07:02 | 04:24 |
| 8 | 343 | Daniel Angielczyk 400 m: 00:01:31 800 m: 00:03:30 1200 m: 00:05:25 | POL | Drużyna Szpiku | Poznań | 1984 | M30 | 3 | 8 | | 00:07:06 | 04:27 |
| 9 | 201 | Krzysztof Dębowski 400 m: 00:01:35 800 m: 00:03:28 1200 m: 00:05:20 | POL | Night Runners Września | Września | 1972 | M40 | 2 | 9 | | 00:07:09 | 04:28 |
| 10 | 86 | Maciej Stefaniak 400 m: 00:01:44 800 m: 00:03:36 1200 m: 00:05:25 | POL | gRUNwald Team Poznań | Poznań | 1988 | M30 | 4 | 10 | | 00:07:11 | 04:30 |
| 11 | 224 | Patryk Kaczmarek 400 m: 00:01:26 800 m: 00:03:18 1200 m: 00:05:18 | POL | Sportowe Świry | Grodzisk Wielkopolski | 2000 | M18 | 5 | 11 | | 00:07:11 | 04:30 |
| 12 | 36 | Maciej Lewandowski 400 m: 00:01:28 800 m: 00:03:24 1200 m: 00:05:19 | POL | 1991 | Brodnica | 1991 | M18 | 6 | 12 | | 00:07:15 | 04:32 |
| 13 | 269 | Maciej Krzyżaniak 400 m: 00:01:39 800 m: 00:03:29 1200 m: 00:05:28 | POL | Szwagry | Poznań | 1990 | M18 | 7 | 13 | | 00:07:21 | 04:36 |
| 14 | 114 | Maciej Skwara 400 m: 00:01:46 800 m: 00:03:40 1200 m: 00:05:34 | POL | Polidupa | Poznań | 1996 | M18 | 8 | 14 | | 00:07:32 | 04:43 |
| 15 | 149 | Piotr Melner 400 m: 00:01:37 800 m: 00:03:33 1200 m: 00:05:39 | POL | | Świdnica | 1991 | M18 | 9 | 15 | | 00:07:36 | 04:46 |
| 16 | 148 | Marcin Koprowski 400 m: 00:01:31 800 m: 00:03:32 1200 m: 00:05:39 | POL | Koper) team | Pobiedziska | 1986 | M30 | 5 | 16 | | 00:07:42 | 04:49 |
| 17 | 70 | Arkadiusz Jasinski 400 m: 00:01:46 800 m: 00:03:56 1200 m: 00:06:00 | POL | 1977 | Szczecin | 1977 | M40 | 3 | 17 | | 00:07:49 | 04:53 |
| 18 | 267 | Rafał Hofmański 400 m: 00:01:26 800 m: 00:03:22 1200 m: 00:05:32 | POL | Wojownicy Wody | Kotlin | 1988 | M30 | 6 | 18 | | 00:07:51 | 04:54 |
| 19 | 272 | Michał Frątczak 400 m: 00:01:44 800 m: 00:04:00 1200 m: 00:06:09 | POL | Wojownicy Wody | Warszew | 1993 | M18 | 10 | 19 | | 00:08:03 | 05:02 |
| 20 | 134 | Maurycy Włoka 400 m: 00:02:01 800 m: 00:04:09 1200 m: 00:06:13 | POL | | Poznań | 1989 | M30 | 7 | 20 | | 00:08:07 | 05:04 |

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| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik | śr.tempo min/km |
|------|-----|--|------|-------------------------|-------------|---------|------------|----------------|----|---|----------|-----------------|
| 21 | 182 | Michał Dylewski 400 m: 00:01:43 800 m: 00:03:43 1200 m: 00:05:54 | POL | Sprinterzy Simeo | Poznań | 1992 | M18 | 11 | 21 | | 00:08:08 | 05:05 |
| 22 | 96 | Michał Merc 400 m: 00:01:42 800 m: 00:03:53 1200 m: 00:05:59 | POL | | Bolesławiec | 1990 | M18 | 12 | 22 | | 00:08:11 | 05:07 |
| 23 | 104 | Tomasz Komorek 400 m: 00:01:34 800 m: 00:03:36 1200 m: 00:05:54 | POL | Cebulaki | Warszawa | 1992 | M18 | 13 | 23 | | 00:08:14 | 05:09 |
| 24 | 125 | Piotr Wiśniewski 400 m: 00:01:38 800 m: 00:03:36 1200 m: 00:05:52 | POL | BAR - Beer And Run | Poznań | 1987 | M30 | 8 | 24 | | 00:08:16 | 05:10 |
| 25 | 177 | Jakub Frydrychowicz 400 m: 00:01:36 800 m: 00:03:50 1200 m: 00:06:22 | POL | | Pobiedziska | 1996 | M18 | 14 | 25 | | 00:08:17 | 05:11 |
| 26 | 268 | Michał Zasański 400 m: 00:01:46 800 m: 00:03:58 1200 m: 00:06:10 | POL | Wojownicy Wódy | Kotlin | 1996 | M18 | 15 | 26 | | 00:08:18 | 05:11 |
| 27 | 69 | Przemysław Muszyński 400 m: 00:01:52 800 m: 00:04:01 1200 m: 00:06:18 | POL | | Poznań | 1996 | M18 | 16 | 27 | | 00:08:20 | 05:13 |
| 28 | 347 | Mateusz Frąszczak 400 m: 00:01:47 800 m: 00:04:01 1200 m: 00:06:25 | POL | Kobierno stolicą Polski | Kobierno | 1991 | M18 | 17 | 28 | | 00:08:21 | 05:14 |
| 29 | 146 | Krzysztof Kubicki 400 m: 00:02:07 800 m: 00:04:20 1200 m: 00:06:27 | POL | BAR - Beer And Run | Poznań | 1988 | M30 | 9 | 29 | | 00:08:21 | 05:14 |
| 30 | 1 | Krzysztof Hernik 400 m: 00:01:48 800 m: 00:04:00 1200 m: 00:06:19 | POL | HERNIK TEAM | Poznań | 1966 | M50 | 1 | 30 | | 00:08:23 | 05:15 |
| 31 | 264 | Tomasz Mańkowski 400 m: 00:01:46 800 m: 00:03:58 1200 m: 00:06:16 | POL | Wojownicy Wódy | Witaszyce | 1991 | M18 | 18 | 31 | | 00:08:25 | 05:16 |
| 32 | 123 | Dawid Panek 400 m: 00:01:43 800 m: 00:03:52 1200 m: 00:06:10 | POL | LZS KOBIERNO TOMNICE | Tomnice | 1994 | M18 | 19 | 32 | | 00:08:26 | 05:17 |
| 33 | 371 | Jan Poznański 400 m: 00:02:00 800 m: 00:03:57 1200 m: 00:06:11 | POL | Kocham Stasia | Poznań | 1991 | M18 | 20 | 33 | | 00:08:27 | 05:17 |
| 34 | 291 | Jakub Kuraśński 400 m: 00:01:48 800 m: 00:04:05 1200 m: 00:06:20 | POL | Seecom | Lusówko | 1977 | M40 | 4 | 34 | | 00:08:29 | 05:18 |
| 35 | 27 | Piotr Tadyszak 400 m: 00:02:02 800 m: 00:04:11 1200 m: 00:06:29 | POL | RNG | Poznań | 1973 | M40 | 5 | 35 | | 00:08:29 | 05:19 |
| 36 | 124 | Dominik Jędrkowiak 400 m: 00:01:39 800 m: 00:03:41 1200 m: 00:05:58 | POL | LZS Kobierno- Tomnice | Kobierno | 1995 | M18 | 21 | 36 | | 00:08:31 | 05:20 |
| 37 | 206 | Marek Nowak 400 m: 00:01:59 800 m: 00:04:17 1200 m: 00:06:30 | POL | Luboński klub biegacza | Wiry | 1982 | M30 | 10 | 37 | | 00:08:35 | 05:22 |
| 38 | 209 | Adrian Mikołajczyk 400 m: 00:01:44 800 m: 00:03:52 1200 m: 00:06:10 | POL | FAsT RUNNERS | Poznań | 1998 | M18 | 22 | 38 | | 00:08:37 | 05:23 |
| 39 | 270 | Marcin Ratajczak 400 m: 00:01:25 800 m: 00:03:30 1200 m: 00:06:11 | POL | Wojownicy Wódy | Kotlin | 1982 | M30 | 11 | 39 | | 00:08:42 | 05:26 |
| 40 | 41 | Marcin Rychłowicz 400 m: 00:02:00 800 m: 00:04:06 1200 m: 00:06:21 | POL | | Poznań | 1992 | M18 | 23 | 40 | | 00:08:42 | 05:27 |

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|------|-----|--|------|-----------------------------|---------------------|---------|------------|----------------|----|---|----------|-----------------|
| 41 | 227 | Aleksander Szymański 400 m: 00:01:51 800 m: 00:04:00 1200 m: 00:06:31 | POL | Oleksy Biega | Luboń | 1972 | M40 | 6 | 41 | | 00:08:49 | 05:31 |
| 42 | 45 | Marcin Nowicki 400 m: 00:01:33 800 m: 00:03:34 1200 m: 00:06:12 | POL | #SZYMANOWSKI TEAM | Drzeczkowo | 1997 | M18 | 24 | 42 | | 00:08:50 | 05:32 |
| 43 | 312 | Mateusz Marcinek 400 m: 00:01:47 800 m: 00:04:03 1200 m: 00:06:28 | POL | | Krotoszyn | 1991 | M18 | 25 | 43 | | 00:08:51 | 05:32 |
| 44 | 160 | Łukasz Derkowski 400 m: 00:01:41 800 m: 00:04:07 1200 m: 00:06:34 | POL | | Lulinek | 1990 | M18 | 26 | 44 | | 00:08:54 | 05:34 |
| 45 | 40 | Błażej Foltyniewicz 400 m: 00:02:01 800 m: 00:04:15 1200 m: 00:06:36 | POL | DUŻY BEN | Poznań | 1985 | M30 | 12 | 45 | | 00:08:54 | 05:34 |
| 46 | 122 | Bartosz Jarysz 400 m: 00:01:38 800 m: 00:03:46 1200 m: 00:06:14 | POL | LZS Sokół Kobierno- Tomnice | Kobierno | 1994 | M18 | 27 | 46 | | 00:08:55 | 05:35 |
| 47 | 351 | Przemysław Terlecki 400 m: 00:01:49 800 m: 00:04:06 1200 m: 00:06:38 | POL | LUTA | Poznań | 1995 | M18 | 28 | 47 | | 00:09:03 | 05:40 |
| 48 | 32 | Wojciech Gontarz 400 m: 00:02:09 800 m: 00:04:22 1200 m: 00:06:44 | POL | Darłowskie Charty | Darłowo | 1990 | M18 | 29 | 48 | | 00:09:03 | 05:40 |
| 49 | 259 | Wiktor Bartczak 400 m: 00:01:46 800 m: 00:04:05 1200 m: 00:06:33 | POL | Piwny Palladyń | Poznań | 1995 | M18 | 30 | 49 | | 00:09:04 | 05:40 |
| 50 | 326 | Mikołaj Bórkowski 400 m: 00:02:02 800 m: 00:04:24 1200 m: 00:06:48 | POL | NHP Poznań | Poznań | 1983 | M30 | 13 | 50 | | 00:09:06 | 05:41 |
| 51 | 73 | Bartek Alankiewicz 400 m: 00:02:05 800 m: 00:04:24 1200 m: 00:06:46 | POL | | Poznań | 1999 | M18 | 31 | 51 | | 00:09:06 | 05:42 |
| 52 | 150 | Leszek Sobański 400 m: 00:01:58 800 m: 00:04:13 1200 m: 00:06:40 | POL | Soban Team | Oborniki | 1981 | M30 | 14 | 52 | | 00:09:06 | 05:42 |
| 53 | 245 | Damian Tomas 400 m: 00:02:02 800 m: 00:04:24 1200 m: 00:06:53 | POL | D&W | Poznań | 1990 | M18 | 32 | 53 | | 00:09:07 | 05:42 |
| 54 | 75 | Dominik Waclawski 400 m: 00:02:05 800 m: 00:04:24 1200 m: 00:06:46 | POL | | Luboń | 1997 | M18 | 33 | 54 | | 00:09:07 | 05:42 |
| 55 | 2 | Paweł Andrałojć 400 m: 00:02:04 800 m: 00:04:15 1200 m: 00:06:46 | POL | Fantomowy Brzuch na Piwo | Poznań | 1980 | M30 | 15 | 55 | | 00:09:09 | 05:43 |
| 56 | 60 | Krystian Kozajda 400 m: 00:01:50 800 m: 00:03:56 1200 m: 00:06:21 | POL | | Koziegłowy | 1993 | M18 | 34 | 56 | | 00:09:09 | 05:43 |
| 57 | 336 | Bartosz Matuszewski 400 m: 00:01:54 800 m: 00:04:14 1200 m: 00:06:49 | POL | SERIKON TEAM | Poznań | 2001 | M18 | 35 | 57 | | 00:09:10 | 05:44 |
| 58 | 349 | Jan Psiuk 400 m: 00:02:11 800 m: 00:04:21 1200 m: 00:06:52 | POL | Bang bang piwko | Gorzów Wielkopolski | 1998 | M18 | 36 | 58 | | 00:09:13 | 05:46 |
| 59 | 50 | Mariusz Kobus 400 m: 00:01:57 800 m: 00:04:21 1200 m: 00:06:48 | POL | SUBOKA TEAM | Gostyń | 1977 | M40 | 7 | 59 | | 00:09:14 | 05:46 |
| 60 | 186 | Konrad Krasnodębski 400 m: 00:01:37 800 m: 00:04:09 1200 m: 00:06:48 | POL | Nowe Warpno | Nowe Warpno | 1973 | M40 | 8 | 60 | | 00:09:15 | 05:47 |

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|------|-----|--|------|--------------------|-------------|---------|------------|----------------|----|---|----------|-----------------|
| 61 | 4 | Błażej Wdowikowski 400 m: 00:02:13 800 m: 00:04:35 1200 m: 00:06:51 | POL | TombacRunners | Poznań | 1989 | M30 | 16 | 61 | | 00:09:16 | 05:48 |
| 62 | 135 | Arkadiusz Zych 400 m: 00:01:48 800 m: 00:04:14 1200 m: 00:06:45 | POL | | Poznań | 1992 | M18 | 37 | 62 | | 00:09:16 | 05:48 |
| 63 | 203 | Przemysław Sobieniak 400 m: 00:02:01 800 m: 00:04:20 1200 m: 00:06:57 | POL | Cel w zasięgu nóg. | Poznań | 1977 | M40 | 9 | 63 | | 00:09:16 | 05:48 |
| 64 | 234 | Krzysztof Biedalak 400 m: 00:02:07 800 m: 00:04:35 1200 m: 00:06:59 | POL | | Swarzędz | 1984 | M30 | 17 | 64 | | 00:09:18 | 05:49 |
| 65 | 145 | Adam Kaliszan 400 m: 00:01:49 800 m: 00:04:13 1200 m: 00:06:45 | POL | | Poznań | 1981 | M30 | 18 | 65 | | 00:09:20 | 05:51 |
| 66 | 53 | Bartosz Foltyniewicz 400 m: 00:02:14 800 m: 00:04:33 1200 m: 00:06:59 | POL | DUŻY BEN | Poznań | 1991 | M18 | 38 | 66 | | 00:09:24 | 05:53 |
| 67 | 184 | Janusz Łempkowski 400 m: 00:02:02 800 m: 00:04:34 1200 m: 00:07:01 | POL | BBL POLICE | Police | 1973 | M40 | 10 | 67 | | 00:09:25 | 05:53 |
| 68 | 302 | Bartosz Gurzęda 400 m: 00:02:02 800 m: 00:04:29 1200 m: 00:07:04 | POL | The Naturat | Poznań | 1989 | M30 | 19 | 68 | | 00:09:25 | 05:53 |
| 69 | 313 | Mariusz Jagła 400 m: 00:02:02 800 m: 00:04:34 1200 m: 00:07:41 | POL | The Naturat | Poznań | 1989 | M30 | 20 | 69 | | 00:09:26 | 05:54 |
| 70 | 294 | Andrzej Kulak 400 m: 00:01:42 800 m: 00:03:58 1200 m: 00:06:43 | POL | Szwagry | Poznań | 1987 | M30 | 21 | 70 | | 00:09:27 | 05:55 |
| 71 | 265 | Michał Nowak 400 m: 00:01:52 800 m: 00:04:05 1200 m: 00:06:34 | POL | Wojownicy Wódy | Witaszyce | 1991 | M18 | 39 | 71 | | 00:09:30 | 05:56 |
| 72 | 243 | Szymon Kleszcz 400 m: 00:01:42 800 m: 00:03:58 1200 m: 00:06:23 | POL | | Poznań | 1995 | M18 | 40 | 72 | | 00:09:33 | 05:58 |
| 73 | 21 | Roman Duda 400 m: 00:01:48 800 m: 00:04:18 1200 m: 00:07:03 | POL | Suboka teem | Gostyń | 1981 | M30 | 22 | 73 | | 00:09:33 | 05:58 |
| 74 | 244 | Ernest Heller 400 m: 00:01:42 800 m: 00:03:59 1200 m: 00:06:26 | POL | | Poznań | 1997 | M18 | 41 | 74 | | 00:09:34 | 05:59 |
| 75 | 250 | Paweł Dudź 400 m: 00:02:03 800 m: 00:04:30 1200 m: 00:06:59 | POL | | Szczecinek | 1989 | M30 | 23 | 75 | | 00:09:38 | 06:01 |
| 76 | 357 | Piotr Winiarski 400 m: 00:01:53 800 m: 00:04:18 1200 m: 00:06:53 | POL | | Poznań | 1988 | M30 | 24 | 76 | | 00:09:39 | 06:02 |
| 77 | 11 | Maciej Gniazdowski 400 m: 00:01:59 800 m: 00:04:32 1200 m: 00:07:13 | POL | Banda Macieja | Chojno | 1967 | M50 | 2 | 77 | | 00:09:41 | 06:03 |
| 78 | 369 | Andrzej Bibik 400 m: 00:01:53 800 m: 00:04:17 1200 m: 00:06:49 | POL | BZW | Uzarszewo | 1988 | M30 | 25 | 78 | | 00:09:44 | 06:05 |
| 79 | 271 | Jakub Walewski 400 m: 00:01:45 800 m: 00:04:13 1200 m: 00:06:57 | POL | Wojownicy Wódy | Swarzędz | 1995 | M18 | 42 | 79 | | 00:09:45 | 06:06 |
| 80 | 249 | Paweł Paszkowski 400 m: 00:02:17 800 m: 00:04:43 1200 m: 00:07:23 | POL | | Poznań | 1987 | M30 | 26 | 80 | | 00:09:46 | 06:07 |

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|------|-----|--|------|-------------------------------|-------------|---------|------------|----------------|----|---|----------|-----------------|
| 81 | 171 | Tomasz Sawicki | POL | | Sroczyn | 1982 | M30 | 27 | 81 | | 00:09:51 | 06:09 |
| | | 400 m: 00:01:52 800 m: 00:04:26 1200 m: 00:07:15 | | | | | | | | | | |
| 82 | 181 | Maciej Machowiak | POL | MachTeam | Poznań | 1972 | M40 | 11 | 82 | | 00:09:52 | 06:10 |
| | | 400 m: 00:02:12 800 m: 00:04:44 1200 m: 00:07:23 | | | | | | | | | | |
| 83 | 361 | Adam Kowalczyk | POL | Graki Chłaki | Bydgoszcz | 1993 | M18 | 43 | 83 | | 00:09:52 | 06:11 |
| | | 400 m: 00:01:52 800 m: 00:04:22 1200 m: 00:07:05 | | | | | | | | | | |
| 84 | 98 | Marcin Milewski | POL | | Poznań | 1988 | M30 | 28 | 84 | | 00:09:53 | 06:11 |
| | | 400 m: 00:02:06 800 m: 00:04:40 1200 m: 00:07:23 | | | | | | | | | | |
| 85 | 157 | Dawid Wilchowski | POL | | Poznań | 1993 | M18 | 44 | 85 | | 00:09:55 | 06:12 |
| | | 400 m: 00:02:12 800 m: 00:04:33 1200 m: 00:07:06 | | | | | | | | | | |
| 86 | 51 | Artur Kryzan | POL | | Poznan | 1985 | M30 | 29 | 86 | | 00:09:55 | 06:12 |
| | | 400 m: 00:02:08 800 m: 00:04:41 1200 m: 00:07:19 | | | | | | | | | | |
| 87 | 174 | Artur Wasilewski | POL | AlkoPornografia | Poznań | 1993 | M18 | 45 | 87 | | 00:09:55 | 06:12 |
| | | 400 m: 00:02:23 800 m: 00:04:56 1200 m: 00:07:25 | | | | | | | | | | |
| 88 | 119 | Amadeusz Tyczyński | POL | LZS Sokół Kobierno - Tomnice | Kobierno | 1990 | M18 | 46 | 88 | | 00:09:57 | 06:13 |
| | | 400 m: 00:02:03 800 m: 00:04:30 1200 m: 00:07:08 | | | | | | | | | | |
| 89 | 322 | Agata Falkiewicz | POL | Aktywnie Agata Falkiewicz | Poznań | 1978 | K40 | 1 | | 1 | 00:09:59 | 06:15 |
| | | 400 m: 00:02:12 800 m: 00:04:47 1200 m: 00:07:31 | | | | | | | | | | |
| 90 | 82 | Maciej Bartlewicz | POL | Wóda lepsza | Leszno | 1987 | M30 | 30 | 89 | | 00:10:01 | 06:16 |
| | | 400 m: 00:02:00 800 m: 00:04:40 1200 m: 00:07:23 | | | | | | | | | | |
| 91 | 338 | Janusz Makowski | POL | | Poznań | 1953 | M60+ | 1 | 90 | | 00:10:01 | 06:16 |
| | | 400 m: 00:02:01 800 m: 00:04:33 1200 m: 00:07:26 | | | | | | | | | | |
| 92 | 35 | Marcin Szymański | POL | | Poznań | 1991 | M18 | 47 | 91 | | 00:10:02 | 06:16 |
| | | 400 m: 00:01:57 800 m: 00:04:31 1200 m: 00:07:16 | | | | | | | | | | |
| 93 | 167 | Patryk Heckert | POL | Sprinterzy Sigmeo | Poznań | 1990 | M18 | 48 | 92 | | 00:10:02 | 06:17 |
| | | 400 m: 00:01:53 800 m: 00:04:28 1200 m: 00:07:17 | | | | | | | | | | |
| 94 | 120 | Jan Jaruzel | POL | KS Krotosz Krotoszyn | Tomnice | 1971 | M40 | 12 | 93 | | 00:10:03 | 06:17 |
| | | 400 m: 00:02:02 800 m: 00:04:32 1200 m: 00:07:19 | | | | | | | | | | |
| 95 | 365 | Szymon Rybczyński | POL | Graki Chłaki | Bydgoszcz | 1993 | M18 | 49 | 94 | | 00:10:03 | 06:17 |
| | | 400 m: 00:01:51 800 m: 00:04:22 1200 m: 00:07:15 | | | | | | | | | | |
| 96 | 172 | Tomasz Lijewski | POL | AMATORSKA LIGA CHULIGANKA SWA | Swarzędz | 1978 | M40 | 13 | 95 | | 00:10:03 | 06:17 |
| | | 400 m: 00:01:50 800 m: 00:04:17 1200 m: 00:07:06 | | | | | | | | | | |
| 97 | 323 | Kamil Kujawa | POL | SERIKON TEAM | Poznań | 1997 | M18 | 50 | 96 | | 00:10:08 | 06:20 |
| | | 400 m: 00:01:57 800 m: 00:04:39 1200 m: 00:07:40 | | | | | | | | | | |
| 98 | 99 | Jaca Miko | POL | | Poznań | 1986 | M30 | 31 | 97 | | 00:10:08 | 06:21 |
| | | 400 m: 00:02:06 800 m: 00:04:41 1200 m: 00:07:23 | | | | | | | | | | |
| 99 | 175 | Albert Krzywda | POL | AlkoPornografia | Plewiska | 1994 | M18 | 51 | 98 | | 00:10:12 | 06:23 |
| | | 400 m: 00:02:24 800 m: 00:04:56 1200 m: 00:07:25 | | | | | | | | | | |
| 100 | 337 | Marek Józwiak | POL | | Kobylnica | 1952 | M60+ | 2 | 99 | | 00:10:17 | 06:26 |
| | | 400 m: 00:02:08 800 m: 00:04:48 1200 m: 00:07:33 | | | | | | | | | | |

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| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik | śr.tempo min/km |
|------|-----|--|------|--------------------------------------|-------------|---------|------------|----------------|-----|---|----------|-----------------|
| 101 | 223 | Łukasz Kostrzewa | POL | | Jarocin | 1983 | M30 | 32 | 100 | | 00:10:18 | 06:27 |
| | | 400 m: 00:02:10 800 m: 00:04:43 1200 m: 00:07:30 | | | | | | | | | | |
| 102 | 222 | Anita Kruszwicka | POL | | Jarocin | 1988 | K30 | 1 | | 2 | 00:10:18 | 06:27 |
| | | 400 m: 00:02:10 800 m: 00:04:43 1200 m: 00:07:30 | | | | | | | | | | |
| 103 | 213 | Jędrzej Ciszak | POL | | Poznań | 1996 | M18 | 52 | 101 | | 00:10:18 | 06:27 |
| | | 400 m: 00:02:11 800 m: 00:04:43 1200 m: 00:07:23 | | | | | | | | | | |
| 104 | 212 | Borys Kaleta | POL | | Poznań | 1996 | M18 | 53 | 102 | | 00:10:19 | 06:27 |
| | | 400 m: 00:02:11 800 m: 00:04:43 1200 m: 00:07:23 | | | | | | | | | | |
| 105 | 5 | Dawid Baranowski | POL | Kung-Fu Małpy od chłania do biegania | Swarzędz | 1983 | M30 | 33 | 103 | | 00:10:22 | 06:29 |
| | | 400 m: 00:02:31 800 m: 00:05:03 1200 m: 00:07:50 | | | | | | | | | | |
| 106 | 85 | Sławomir Bielecki | POL | Naramowice Biegają | Poznań | 1989 | M30 | 34 | 104 | | 00:10:23 | 06:30 |
| | | 400 m: 00:02:20 800 m: 00:04:47 1200 m: 00:07:34 | | | | | | | | | | |
| 107 | 90 | Karol Błażejczyk | POL | Biegowo mocni, pijacko mocniejsi | Poznań | 1991 | M18 | 54 | 105 | | 00:10:23 | 06:30 |
| | | 400 m: 00:02:20 800 m: 00:04:47 1200 m: 00:07:34 | | | | | | | | | | |
| 108 | 78 | Mateusz Pogudź | POL | Biegowo mocni, pijacko mocniejsi | Poznań | 1992 | M18 | 55 | 106 | | 00:10:23 | 06:30 |
| | | 400 m: 00:02:19 800 m: 00:04:47 1200 m: 00:07:34 | | | | | | | | | | |
| 109 | 6 | Mateusz Sobek | POL | Kung-Fu Małpy od chłania do biegania | Strykowo | 1987 | M30 | 35 | 107 | | 00:10:23 | 06:30 |
| | | 400 m: 00:02:30 800 m: 00:05:03 1200 m: 00:07:50 | | | | | | | | | | |
| 110 | 193 | Bartłomiej Wilk | POL | | Poznań | 1990 | M18 | 56 | 108 | | 00:10:23 | 06:30 |
| | | 400 m: 00:02:23 800 m: 00:05:06 1200 m: 00:07:43 | | | | | | | | | | |
| 111 | 26 | Mateusz Tomczak | POL | Husaria Race Team | Granowo | 1993 | M18 | 57 | 109 | | 00:10:25 | 06:31 |
| | | 400 m: 00:02:02 800 m: 00:04:48 1200 m: 00:07:46 | | | | | | | | | | |
| 112 | 229 | Tomasz Pradziuch | POL | Brodziuch | Luboń | 1984 | M30 | 36 | 110 | | 00:10:30 | 06:34 |
| | | 400 m: 00:02:17 800 m: 00:04:49 1200 m: 00:07:43 | | | | | | | | | | |
| 113 | 93 | Marcin Sobek | POL | Kung-Fu Małpy od chłania do biegania | Złotów | 1995 | M18 | 58 | 111 | | 00:10:31 | 06:34 |
| | | 400 m: 00:02:31 800 m: 00:05:03 1200 m: 00:07:50 | | | | | | | | | | |
| 114 | 20 | Michał Piechota | POL | | Poznań | 1983 | M30 | 37 | 112 | | 00:10:32 | 06:35 |
| | | 400 m: 00:02:03 800 m: 00:04:37 1200 m: 00:07:22 | | | | | | | | | | |
| 115 | 28 | Wiola Hulewicz | POL | HERNIK TEAM | Września | 1975 | K40 | 2 | | 3 | 00:10:34 | 06:37 |
| | | 400 m: 00:02:09 800 m: 00:04:38 1200 m: 00:07:41 | | | | | | | | | | |
| 116 | 7 | Jadwiga Duda | POL | | Szamotuły | 1957 | K60+ | 1 | | 4 | 00:10:36 | 06:38 |
| | | 400 m: 00:02:33 800 m: 00:05:04 1200 m: 00:07:41 | | | | | | | | | | |
| 117 | 310 | Jakub Frąckowiak | POL | Wymiatacze SIP | Śrem | 1988 | M30 | 38 | 113 | | 00:10:38 | 06:39 |
| | | 400 m: 00:02:23 800 m: 00:04:58 1200 m: 00:07:42 | | | | | | | | | | |
| 118 | 311 | Jarosław Jagodziński | POL | Wymiatacze SIP | Poznań | 1983 | M30 | 39 | 114 | | 00:10:38 | 06:39 |
| | | 400 m: 00:02:24 800 m: 00:04:58 1200 m: 00:07:43 | | | | | | | | | | |
| 119 | 307 | Michał Walczak | POL | Wymiatacze SIP | Poznań | 1988 | M30 | 40 | 115 | | 00:10:38 | 06:39 |
| | | 400 m: 00:02:23 800 m: 00:04:58 1200 m: 00:07:42 | | | | | | | | | | |
| 120 | 80 | Wojciech Szałkiewicz | POL | | Poznań | 1997 | M18 | 59 | 116 | | 00:10:40 | 06:40 |
| | | 400 m: 00:02:07 800 m: 00:04:54 1200 m: 00:07:48 | | | | | | | | | | |

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|------|-----|--|------|-----------------------------|-------------|---------|------------|----------------|-----|---|----------|-----------------|
| 121 | 81 | Hubert Spychała | POL | | Poznań | 1994 | M18 | 60 | 117 | | 00:10:41 | 06:41 |
| | | 400 m: 00:02:07 800 m: 00:04:54 1200 m: 00:07:48 | | | | | | | | | | |
| 122 | 308 | Jan Marcinowski | POL | Fanclub ostatniego bastionu | Poznań | 1987 | M30 | 41 | 118 | | 00:10:42 | 06:42 |
| | | 400 m: 00:02:20 800 m: 00:05:01 1200 m: 00:07:45 | | | | | | | | | | |
| 123 | 309 | Marek Ratajszczak | POL | Fanclub ostatniego bastionu | Poznań | 1973 | M40 | 14 | 119 | | 00:10:42 | 06:42 |
| | | 400 m: 00:02:20 800 m: 00:05:01 1200 m: 00:07:45 | | | | | | | | | | |
| 124 | 140 | Piotr Budzisz | POL | alko wydry | Skórzewo | 1998 | M18 | 61 | 120 | | 00:10:44 | 06:43 |
| | | 400 m: 00:02:26 800 m: 00:05:13 1200 m: 00:07:59 | | | | | | | | | | |
| 125 | 62 | Artur Ruciński | POL | Pomoc mierzona kilogramami | Swarzędz | 1986 | M30 | 42 | 121 | | 00:10:48 | 06:45 |
| | | 400 m: 00:01:57 800 m: 00:04:49 1200 m: 00:07:48 | | | | | | | | | | |
| 126 | 301 | Grzegorz Gurzęda | POL | The Naturat | Czarnków | 1987 | M30 | 43 | 122 | | 00:10:48 | 06:45 |
| | | 400 m: 00:02:04 800 m: 00:04:47 1200 m: 00:07:40 | | | | | | | | | | |
| 127 | 107 | Adrian Gruszczyński | POL | FC Szamotuły | Szamotuły | 1988 | M30 | 44 | 123 | | 00:10:49 | 06:46 |
| | | 400 m: 00:02:04 800 m: 00:04:43 1200 m: 00:07:41 | | | | | | | | | | |
| 128 | 108 | Tomasz Łączyński | POL | FC Szamotuły | Szamotuły | 1983 | M30 | 45 | 124 | | 00:10:50 | 06:46 |
| | | 400 m: 00:02:05 800 m: 00:04:42 1200 m: 00:07:41 | | | | | | | | | | |
| 129 | 280 | Michał Graś | POL | Chabrowar | Kaczory | 1981 | M30 | 46 | 125 | | 00:10:52 | 06:48 |
| | | 400 m: 00:02:19 800 m: 00:05:02 1200 m: 00:07:52 | | | | | | | | | | |
| 130 | 281 | Tomasz Kabaciński | POL | Chabrowar | Kaczory | 1990 | M18 | 62 | 126 | | 00:10:52 | 06:48 |
| | | 400 m: 00:02:19 800 m: 00:05:01 1200 m: 00:07:50 | | | | | | | | | | |
| 131 | 156 | Tomasz Horla | POL | | Poznań | 1990 | M18 | 63 | 127 | | 00:10:53 | 06:48 |
| | | 400 m: 00:02:23 800 m: 00:04:58 1200 m: 00:08:16 | | | | | | | | | | |
| 132 | 159 | Patryk Graczyk | POL | | Poznań | 1990 | M18 | 64 | 128 | | 00:10:53 | 06:49 |
| | | 400 m: 00:02:23 800 m: 00:05:20 1200 m: 00:08:12 | | | | | | | | | | |
| 133 | 88 | Kamil Pihan | POL | Broken Bottles | Poznań | 1993 | M18 | 65 | 129 | | 00:10:54 | 06:49 |
| | | 400 m: 00:02:01 800 m: 00:04:56 1200 m: 00:08:18 | | | | | | | | | | |
| 134 | 334 | Krzysztof Pałka | POL | SERIKON TEAM | Tulce | 1976 | M40 | 15 | 130 | | 00:10:57 | 06:51 |
| | | 400 m: 00:02:27 800 m: 00:05:02 1200 m: 00:07:52 | | | | | | | | | | |
| 135 | 195 | Bartosz Nowowiejski | POL | Anal Płask | Poznań | 1997 | M18 | 66 | 131 | | 00:10:58 | 06:51 |
| | | 400 m: 00:01:57 800 m: 00:04:36 1200 m: 00:07:59 | | | | | | | | | | |
| 136 | 112 | Krzysztof Orzół | POL | BAR - Beer And Run | Poznań | 1991 | M18 | 67 | 132 | | 00:11:01 | 06:54 |
| | | 400 m: 00:02:16 800 m: 00:05:04 1200 m: 00:08:01 | | | | | | | | | | |
| 137 | 121 | Damian Kulas | POL | | Kobierno | 1990 | M18 | 68 | 133 | | 00:11:04 | 06:56 |
| | | 400 m: 00:01:45 800 m: 00:04:22 1200 m: 00:07:23 | | | | | | | | | | |
| 138 | 215 | Maciej Rynarzewski | POL | | Poznań | 1986 | M30 | 47 | 134 | | 00:11:07 | 06:57 |
| | | 400 m: 00:01:57 800 m: 00:04:22 1200 m: 00:07:24 | | | | | | | | | | |
| 139 | 367 | Hubert Nowicki | POL | | Kleszczewo | 1974 | M40 | 16 | 135 | | 00:11:09 | 06:58 |
| | | 400 m: 00:02:22 800 m: 00:04:56 1200 m: 00:07:45 | | | | | | | | | | |
| 140 | 300 | Adrian Szymczak | POL | The Naturat | Rakoniewice | 1991 | M18 | 69 | 136 | | 00:11:10 | 06:59 |
| | | 400 m: 00:02:04 800 m: 00:04:46 1200 m: 00:07:41 | | | | | | | | | | |

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|------|-----|--|------|-------------------------------|--------------|---------|------------|----------------|-----|---|----------|-----------------|
| 141 | 255 | Bohdan Wojciechowski | POL | | Poznań | 1987 | M30 | 48 | 137 | | 00:11:13 | 07:01 |
| | | 400 m: 00:02:19 800 m: 00:05:08 1200 m: 00:08:14 | | | | | | | | | | |
| 142 | 277 | Marek Piekarski | POL | Sandałer | Poznań | 1996 | M18 | 70 | 138 | | 00:11:13 | 07:01 |
| | | 400 m: 00:02:40 800 m: 00:05:25 1200 m: 00:08:14 | | | | | | | | | | |
| 143 | 151 | Angelika Sobańska | POL | Soban Team | Oborniki | 1984 | K30 | 2 | | 5 | 00:11:15 | 07:02 |
| | | 400 m: 00:02:17 800 m: 00:05:11 1200 m: 00:08:13 | | | | | | | | | | |
| 144 | 358 | Agnieszka Winiarska | POL | | Rzęsin | 1992 | K18 | 1 | | 6 | 00:11:20 | 07:05 |
| | | 400 m: 00:02:12 800 m: 00:04:55 1200 m: 00:08:05 | | | | | | | | | | |
| 145 | 246 | Łukasz Balcerzak | POL | | Poznań | 1989 | M30 | 49 | 139 | | 00:11:20 | 07:06 |
| | | 400 m: 00:02:11 800 m: 00:04:58 1200 m: 00:08:00 | | | | | | | | | | |
| 146 | 137 | Mikołaj Olejnicki | POL | Mud Goats | Szamotuly | 1989 | M30 | 50 | 140 | | 00:11:26 | 07:09 |
| | | 400 m: 00:02:05 800 m: 00:04:52 1200 m: 00:07:55 | | | | | | | | | | |
| 147 | 141 | Łukasz Zatoń | POL | Byle do Mety | Poznań | 1988 | M30 | 51 | 141 | | 00:11:26 | 07:09 |
| | | 400 m: 00:02:06 800 m: 00:04:40 1200 m: 00:07:55 | | | | | | | | | | |
| 148 | 273 | Piotr Płociniczak | POL | Sandałer | Poznań | 1993 | M18 | 71 | 142 | | 00:11:27 | 07:10 |
| | | 400 m: 00:02:39 800 m: 00:05:25 1200 m: 00:08:16 | | | | | | | | | | |
| 149 | 180 | Grzegorz Waloszczyk | POL | Sprinterzy Sigeo | Poznań | 1985 | M30 | 52 | 143 | | 00:11:35 | 07:15 |
| | | 400 m: 00:02:14 800 m: 00:05:03 1200 m: 00:08:06 | | | | | | | | | | |
| 150 | 315 | Michał Pakuła | POL | | Jarocin | 1987 | M30 | 53 | 144 | | 00:11:37 | 07:16 |
| | | 400 m: 00:02:21 800 m: 00:05:04 1200 m: 00:08:08 | | | | | | | | | | |
| 151 | 38 | Wiesław Brodziszewski | POL | Brodex Team Swarzędz | Swarzędz | 1959 | M60+ | 3 | 145 | | 00:11:38 | 07:17 |
| | | 400 m: 00:02:41 800 m: 00:05:36 1200 m: 00:08:36 | | | | | | | | | | |
| 152 | 39 | Adam Zawada | POL | | Gruszczyn | 1972 | M40 | 17 | 146 | | 00:11:38 | 07:17 |
| | | 400 m: 00:02:40 800 m: 00:05:36 1200 m: 00:08:36 | | | | | | | | | | |
| 153 | 94 | Łukasz Szwedowicz | POL | | Koszalin | 1985 | M30 | 54 | 147 | | 00:11:42 | 07:19 |
| | | 400 m: 00:02:06 800 m: 00:04:55 1200 m: 00:08:06 | | | | | | | | | | |
| 154 | 214 | Daniel Jurkiewicz | POL | Grupa Amatorów Tanich Trunków | Żagań | 1988 | M30 | 55 | 148 | | 00:11:43 | 07:19 |
| | | 400 m: 00:02:11 800 m: 00:04:59 1200 m: 00:08:16 | | | | | | | | | | |
| 155 | 324 | Konrad Pękala | POL | SERIKON TEAM | Poznań | 1995 | M18 | 72 | 149 | | 00:11:44 | 07:20 |
| | | 400 m: 00:05:06 800 m: 00:08:09 1200 m: 00:11:43 | | | | | | | | | | |
| 156 | 239 | Michał Bukowiecki | POL | | Turek | 1991 | M18 | 73 | 150 | | 00:11:49 | 07:24 |
| | | 400 m: 00:02:05 800 m: 00:04:42 1200 m: 00:08:02 | | | | | | | | | | |
| 157 | 92 | Łukasz Rasiński | POL | | Poznań | 1989 | M30 | 56 | 151 | | 00:11:50 | 07:24 |
| | | 400 m: 00:02:33 800 m: 00:05:29 1200 m: 00:08:49 | | | | | | | | | | |
| 158 | 197 | Jakub Nowowiejski | POL | | Poznań | 1992 | M18 | 74 | 152 | | 00:11:54 | 07:27 |
| | | 400 m: 00:02:14 800 m: 00:05:16 1200 m: 00:08:20 | | | | | | | | | | |
| 159 | 204 | Bartosz Mróz | POL | 17 WBZ | Przeźmierowo | 1991 | M18 | 75 | 153 | | 00:11:58 | 07:29 |
| | | 400 m: 00:02:53 800 m: 00:05:47 1200 m: 00:08:55 | | | | | | | | | | |
| 160 | 185 | Beata Łempkowska | POL | BBL POLICE | Police | 1973 | K40 | 3 | | 7 | 00:11:58 | 07:29 |
| | | 400 m: 00:02:29 800 m: 00:05:25 1200 m: 00:09:06 | | | | | | | | | | |

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|------|-----|--|------|--------------------------|--------------|---------|------------|----------------|-----|----|----------|-----------------|
| 161 | 346 | Mateusz Najda 400 m: 00:02:09 800 m: 00:04:37 1200 m: 00:07:50 | POL | Bang bang piwko | Wrocław | 1996 | M18 | 76 | 154 | | 00:12:00 | 07:30 |
| 162 | 221 | Maciej Wiciak 400 m: 00:02:53 800 m: 00:05:46 1200 m: 00:08:54 | POL | Wracam z Urlopu | Poznań | 1984 | M30 | 57 | 155 | | 00:12:00 | 07:30 |
| 163 | 341 | Joanna Ziółkowska 400 m: 00:02:26 800 m: 00:05:28 1200 m: 00:08:32 | POL | Aktywnie Fit | Rogalinek | 1977 | K40 | 4 | | 8 | 00:12:01 | 07:31 |
| 164 | 210 | Kamil Kozak 400 m: 00:02:53 800 m: 00:05:48 1200 m: 00:08:54 | POL | Wracam z Urlopu | Przeźmierowo | 1997 | M18 | 77 | 156 | | 00:12:02 | 07:32 |
| 165 | 220 | Piotr Lech 400 m: 00:02:22 800 m: 00:05:16 1200 m: 00:08:28 | POL | Coco jumbo | Kłeco | 1996 | M18 | 78 | 157 | | 00:12:04 | 07:33 |
| 166 | 129 | Julia Cieślik 400 m: 00:02:12 800 m: 00:04:51 1200 m: 00:08:18 | POL | | Strzelno | 1995 | K18 | 2 | | 9 | 00:12:04 | 07:33 |
| 167 | 219 | Kamila Łojek 400 m: 00:02:25 800 m: 00:05:16 1200 m: 00:08:28 | POL | Coco jumbo | Poznań | 1997 | K18 | 3 | | 10 | 00:12:04 | 07:33 |
| 168 | 344 | Jakub Berezowski 400 m: 00:02:09 800 m: 00:05:05 1200 m: 00:08:39 | POL | Bang bang piwko | Poznań | 1996 | M18 | 79 | 158 | | 00:12:05 | 07:34 |
| 169 | 327 | Grzegorz Bórkowski 400 m: 00:02:24 800 m: 00:05:26 1200 m: 00:08:46 | POL | NHP Poznań | Gowarzewo | 1956 | M60+ | 4 | 159 | | 00:12:05 | 07:34 |
| 170 | 55 | Joanna Konstańczak 400 m: 00:02:33 800 m: 00:05:26 1200 m: 00:08:43 | POL | | Poznań | 1983 | K30 | 3 | | 11 | 00:12:06 | 07:34 |
| 171 | 211 | Szymon Mróz 400 m: 00:02:54 800 m: 1200 m: 00:08:55 | POL | Wracam z Urlopu | Mosina | 1992 | M18 | 80 | 160 | | 00:12:08 | 07:35 |
| 172 | 115 | Marcin Kociuba 400 m: 00:01:53 800 m: 00:04:45 1200 m: 00:08:09 | POL | MasterBeer Team | Poznań | 1990 | M18 | 81 | 161 | | 00:12:09 | 07:36 |
| 173 | 240 | Dariusz Maćczak 400 m: 00:01:53 800 m: 00:04:42 1200 m: 00:08:08 | POL | | Poznań | 1994 | M18 | 82 | 162 | | 00:12:09 | 07:36 |
| 174 | 8 | Robert Solnica 400 m: 00:02:54 800 m: 00:05:54 1200 m: 00:08:59 | POL | | Zalasewo | 1974 | M40 | 18 | 163 | | 00:12:10 | 07:37 |
| 175 | 238 | Marcin Sobczak 400 m: 00:02:15 800 m: 00:05:04 1200 m: 00:08:15 | POL | | Turek | 1991 | M18 | 83 | 164 | | 00:12:13 | 07:38 |
| 176 | 236 | Wojciech Maćczak 400 m: 00:02:16 800 m: 00:05:04 1200 m: 00:08:15 | POL | | Poznań | 1991 | M18 | 84 | 165 | | 00:12:13 | 07:38 |
| 177 | 237 | Beata Partyka 400 m: 00:02:16 800 m: 00:05:04 1200 m: 00:08:16 | POL | | Poznań | 1993 | K18 | 4 | | 12 | 00:12:13 | 07:39 |
| 178 | 139 | Kacper Rosiński 400 m: 00:02:25 800 m: 00:05:18 1200 m: 00:08:29 | POL | | Bobrowniki | 1999 | M18 | 85 | 166 | | 00:12:14 | 07:39 |
| 179 | 138 | Patryk Kokowicz 400 m: 00:02:25 800 m: 00:05:18 1200 m: 00:08:29 | POL | | Zielona Góra | 1999 | M18 | 86 | 167 | | 00:12:14 | 07:39 |
| 180 | 233 | Piotr Maćkowiak 400 m: 00:02:35 800 m: 00:05:39 1200 m: | POL | Two Beer Or Not Two Beer | Leszno | 1982 | M30 | 58 | 168 | | 00:12:18 | 07:42 |

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|------|-----|--|------|--------------------------|---------------------|---------|------------|----------------|-----|----|----------|-----------------|
| 181 | 232 | Karol Mroczek 400 m: 00:02:35 800 m: 00:05:39 1200 m: 00:09:03 | POL | Two Beer Or Not Two Beer | Leszno | 1983 | M30 | 59 | 169 | | 00:12:18 | 07:42 |
| 182 | 366 | Radosław Rybczyński 400 m: 00:02:17 800 m: 00:05:30 1200 m: 00:09:15 | POL | Graki Chlaki | Bydgoszcz | 1994 | M18 | 87 | 170 | | 00:12:18 | 07:42 |
| 183 | 325 | Łukasz Górczak 400 m: 00:02:16 800 m: 00:05:19 1200 m: 00:09:04 | POL | NHP Poznań | Gowarzewo | 1991 | M18 | 88 | 171 | | 00:12:21 | 07:44 |
| 184 | 97 | Artur Witoń 400 m: 00:02:17 800 m: 00:05:06 1200 m: 00:08:29 | POL | | Ostrów Wielkopolski | 1991 | M18 | 89 | 172 | | 00:12:22 | 07:44 |
| 185 | 231 | Maciej Bujakiewicz 400 m: 00:02:43 800 m: 00:05:50 1200 m: 00:09:01 | POL | Brave Beer Drinkers | Poznań | 1980 | M30 | 60 | 173 | | 00:12:22 | 07:44 |
| 186 | 230 | Sebastian Kaszyński 400 m: 00:02:44 800 m: 00:05:50 1200 m: | POL | Brave Beer Drinkers | Poznań | 1981 | M30 | 61 | 174 | | 00:12:22 | 07:44 |
| 187 | 370 | Aleksandra Jeziorska 400 m: 00:02:29 800 m: 00:05:29 1200 m: 00:08:42 | POL | KU AZS UEP | Poznań | 1995 | K18 | 5 | | 13 | 00:12:22 | 07:44 |
| 188 | 100 | Filip Gaworski 400 m: 00:02:32 800 m: 00:05:50 1200 m: 00:09:31 | POL | | Poznań | 1988 | M30 | 62 | 175 | | 00:12:27 | 07:47 |
| 189 | 65 | Emilia Kasprzak 400 m: 00:02:42 800 m: 00:05:47 1200 m: 00:09:10 | POL | LORETTA TEAM | Międzychód | 1999 | K18 | 6 | | 14 | 00:12:31 | 07:50 |
| 190 | 37 | Henryk Mačkowiak 400 m: 00:02:39 800 m: 00:05:55 1200 m: 00:09:11 | POL | UAM | Poznań | 1970 | M40 | 19 | 176 | | 00:12:31 | 07:50 |
| 191 | 64 | Katarzyna Wojtkowiak 400 m: 00:02:42 800 m: 00:05:47 1200 m: 00:09:10 | POL | LORETTA TEAM | Międzychód | 1978 | K40 | 5 | | 15 | 00:12:31 | 07:50 |
| 192 | 66 | Mikołaj Konopiński 400 m: 00:02:42 800 m: 00:05:46 1200 m: 00:09:12 | POL | LORETTA TEAM | Międzychód | 1981 | M30 | 63 | 177 | | 00:12:32 | 07:50 |
| 193 | 190 | Wojciech Kruk 400 m: 00:02:13 800 m: 00:05:06 1200 m: 00:08:51 | POL | | Poznań | 1994 | M18 | 90 | 178 | | 00:12:37 | 07:53 |
| 194 | 113 | Jarosław Helbik 400 m: 00:02:23 800 m: 00:05:27 1200 m: 00:09:01 | POL | BAR - Beer And Run | Poznań | 1987 | M30 | 64 | 179 | | 00:12:38 | 07:54 |
| 195 | 101 | Paulina Ciszewska 400 m: 00:02:32 800 m: 00:05:50 1200 m: 00:09:32 | POL | | Poznań | 1994 | K18 | 7 | | 16 | 00:12:39 | 07:54 |
| 196 | 299 | Waldemar Klauze 400 m: 00:02:04 800 m: 00:04:46 1200 m: 00:07:41 | POL | | Szamotuły | 1989 | M30 | 65 | 180 | | 00:12:39 | 07:55 |
| 197 | 228 | Bartosz Pawlicki 400 m: 00:02:22 800 m: 00:05:39 1200 m: 00:09:04 | POL | | Puszczycowo | 1996 | M18 | 91 | 181 | | 00:12:42 | 07:57 |
| 198 | 12 | Karol Andrzejewski 400 m: 00:03:00 800 m: 00:06:19 1200 m: 00:09:30 | POL | Kijanki Team | Tomiczki | 1983 | M30 | 66 | 182 | | 00:12:43 | 07:57 |
| 199 | 103 | Tomasz Świątek 400 m: 00:01:58 800 m: 00:05:46 1200 m: 00:09:50 | POL | | Poznań | 1979 | M40 | 20 | 183 | | 00:12:57 | 08:06 |
| 200 | 158 | Bartosz Kołodziejek 400 m: 00:02:25 800 m: 00:05:26 1200 m: 00:08:49 | POL | AlkoPornografia | Poznań | 1994 | M18 | 92 | 184 | | 00:12:58 | 08:07 |

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| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik | śr.tempo min/km |
|------|-----|---|------|-------------------------|--------------------|---------|------------|----------------|-----|----|----------|-----------------|
| 201 | 328 | Tomasz Skrzypek 400 m: 00:02:13 800 m: 00:05:11 1200 m: 00:09:12 | POL | | Poznań | 1997 | M18 | 93 | 185 | | 00:13:05 | 08:11 |
| 202 | 360 | Michał Młynarczyk 400 m: 00:02:40 800 m: 00:05:57 1200 m: 00:09:18 | POL | | Krotoszyn | 1993 | M18 | 94 | 186 | | 00:13:05 | 08:11 |
| 203 | 350 | Sebastian Koza 400 m: 00:02:42 800 m: 00:05:58 1200 m: 00:09:17 | POL | | Krotoszyn | 1993 | M18 | 95 | 187 | | 00:13:07 | 08:12 |
| 204 | 83 | Leszek Wolny 400 m: 00:02:14 800 m: 00:04:34 1200 m: 00:09:45 | POL | Wóda lepsza | Poznań | 1992 | M18 | 96 | 188 | | 00:13:07 | 08:12 |
| 205 | 359 | Mateusz Ciepłiński 400 m: 00:02:39 800 m: 00:05:57 1200 m: 00:09:18 | POL | | Tuczno | 1992 | M18 | 97 | 189 | | 00:13:08 | 08:13 |
| 206 | 316 | Artur Wosiński 400 m: 00:02:59 800 m: 00:06:14 1200 m: 00:09:45 | POL | | Poznań | 1978 | M40 | 21 | 190 | | 00:13:12 | 08:15 |
| 207 | 130 | Michał Grzempczak 400 m: 00:02:23 800 m: 00:05:54 1200 m: 00:09:53 | POL | HoldekSquad | Środa Wielkopolska | 1980 | M30 | 67 | 191 | | 00:13:15 | 08:17 |
| 208 | 110 | Grzegorz Komisarzek 400 m: 00:02:22 800 m: 00:05:30 1200 m: 00:08:54 | POL | 1976 | Września | 1976 | M40 | 22 | 192 | | 00:13:15 | 08:17 |
| 209 | 111 | Katarzyna Burek 400 m: 00:02:22 800 m: 00:05:29 1200 m: 00:08:54 | POL | Night Runners Września | Września | 1981 | K30 | 4 | | 17 | 00:13:16 | 08:18 |
| 210 | 296 | Marcin Rogowski 400 m: 00:02:19 800 m: 00:05:38 1200 m: 00:09:29 | POL | | Skórzewo | 1990 | M18 | 98 | 193 | | 00:13:23 | 08:22 |
| 211 | 297 | Małgorzata Zagrocka 400 m: 00:02:20 800 m: 00:05:39 1200 m: 00:09:31 | POL | | Poznań | 1993 | K18 | 8 | | 18 | 00:13:23 | 08:22 |
| 212 | 298 | Jacek Burchardt 400 m: 00:02:15 800 m: 00:05:38 1200 m: 00:09:32 | POL | | Skórzewo | 1995 | M18 | 99 | 194 | | 00:13:23 | 08:22 |
| 213 | 199 | Lesław Bentkowski 400 m: 00:02:52 800 m: 00:06:06 1200 m: 00:09:43 | POL | Dirty Sparrows | Poznań | 1944 | M60+ | 5 | 195 | | 00:13:24 | 08:23 |
| 214 | 33 | Agata Makowska 400 m: 00:02:01 800 m: 00:05:08 1200 m: 00:09:03 | POL | Panie, daleko jeszcze ? | Kostrzyn | 1995 | K18 | 9 | | 19 | 00:13:25 | 08:24 |
| 215 | 109 | Piotr Kruszniewicz 400 m: 00:02:06 800 m: 00:04:46 1200 m: 00:08:22 | POL | MasterBeer Team | Rokietnica | 1985 | M30 | 68 | 196 | | 00:13:25 | 08:24 |
| 216 | 329 | Joanna Woźna 400 m: 00:02:34 800 m: 00:05:37 1200 m: 00:09:13 | POL | | Wolsztyn | 1990 | K18 | 10 | | 20 | 00:13:28 | 08:25 |
| 217 | 176 | Michał Lijewski 400 m: 00:02:22 800 m: 00:05:37 1200 m: 00:09:26 | POL | PIJAKI Z WINOGRAD | Poznań | 1983 | M30 | 69 | 197 | | 00:13:28 | 08:25 |
| 218 | 330 | Katarzyna Sikora 400 m: 00:02:34 800 m: 00:05:37 1200 m: 00:09:13 | POL | | Rosko | 1990 | K18 | 11 | | 21 | 00:13:29 | 08:26 |
| 219 | 136 | Anna Smogorzewska 400 m: 00:02:07 800 m: 00:05:18 1200 m: 00:09:14 | POL | | Poznań | 1992 | K18 | 12 | | 22 | 00:13:30 | 08:26 |
| 220 | 74 | Zuzanna Kuter 400 m: 00:02:30 800 m: 00:05:42 1200 m: 00:09:11 | POL | | Jerzykowo | 1998 | K18 | 13 | | 23 | 00:13:30 | 08:26 |

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|------|-----|--|------|-------------------|--------------------|---------|------------|----------------|-----|----|----------|-----------------|
| 221 | 72 | Paweł Mielcarzewicz | POL | | Jerzykowo | 1982 | M30 | 70 | 198 | | 00:13:31 | 08:27 |
| | | 400 m: 00:02:29 800 m: 00:05:42 1200 m: 00:09:08 | | | | | | | | | | |
| 222 | 102 | Michał Słabowski | POL | | Poznań | 1980 | M30 | 71 | 199 | | 00:13:33 | 08:29 |
| | | 400 m: 00:02:52 800 m: 00:06:15 1200 m: 00:09:51 | | | | | | | | | | |
| 223 | 87 | Jakub Bartkowiak | POL | | Poznań | 1992 | M18 | 100 | 200 | | 00:13:41 | 08:33 |
| | | 400 m: 00:02:36 800 m: 00:05:40 1200 m: 00:09:07 | | | | | | | | | | |
| 224 | 132 | Magdalena Haniewicz | POL | HOLDEKQUAD | Środa Wielkopolska | 1983 | K30 | 5 | | 24 | 00:13:41 | 08:34 |
| | | 400 m: 00:02:55 800 m: 00:06:19 1200 m: 00:09:58 | | | | | | | | | | |
| 225 | 91 | Aleksander Ciechanowicz | POL | | Poznań | 1994 | M18 | 101 | 201 | | 00:13:41 | 08:34 |
| | | 400 m: 00:02:37 800 m: 00:05:39 1200 m: 00:09:07 | | | | | | | | | | |
| 226 | 131 | Anna Misterska | POL | HoldekSquad | Środa Wlkp. | 1990 | K18 | 14 | | 25 | 00:13:41 | 08:34 |
| | | 400 m: 00:02:56 800 m: 00:06:19 1200 m: 00:09:58 | | | | | | | | | | |
| 227 | 76 | Elżbieta Łysek | POL | | Jerzykowo | 1977 | K40 | 6 | | 26 | 00:13:41 | 08:34 |
| | | 400 m: 00:02:30 800 m: 00:05:42 1200 m: 00:09:11 | | | | | | | | | | |
| 228 | 348 | Filip Tuczyński | POL | Bang bang piwko | Gorzów Wlkp. | 1995 | M18 | 102 | 202 | | 00:13:50 | 08:39 |
| | | 400 m: 00:02:09 800 m: 00:05:05 1200 m: 00:08:54 | | | | | | | | | | |
| 229 | 320 | Paweł Muszyński | POL | Zalasewo Zaiwania | Zalasewo | 1978 | M40 | 23 | 203 | | 00:13:54 | 08:41 |
| | | 400 m: 00:03:10 800 m: 00:06:23 1200 m: 00:10:00 | | | | | | | | | | |
| 230 | 321 | Wojciech Kubiak | POL | POLARIS | Opole | 1985 | M30 | 72 | 204 | | 00:13:54 | 08:42 |
| | | 400 m: 00:03:11 800 m: 00:06:22 1200 m: 00:10:00 | | | | | | | | | | |
| 231 | 24 | Kamila Kańduła | POL | Chomixy | Chomęcice | 1993 | K18 | 15 | | 27 | 00:13:55 | 08:42 |
| | | 400 m: 00:02:37 800 m: 00:05:45 1200 m: 00:09:20 | | | | | | | | | | |
| 232 | 44 | Kamil Nurkiewicz | POL | | Poznań | 1995 | M18 | 103 | 205 | | 00:13:56 | 08:43 |
| | | 400 m: 00:03:12 800 m: 00:06:44 1200 m: 00:10:19 | | | | | | | | | | |
| 233 | 25 | Bartek Kubicki | POL | Chomixy | Chomęcice | 1993 | M18 | 104 | 206 | | 00:13:56 | 08:43 |
| | | 400 m: 00:02:37 800 m: 00:05:45 1200 m: 00:09:20 | | | | | | | | | | |
| 234 | 22 | Weronika Kurzac | POL | Chomixy | Chomęcice | 1992 | K18 | 16 | | 28 | 00:13:56 | 08:43 |
| | | 400 m: 00:02:37 800 m: 00:05:44 1200 m: 00:09:16 | | | | | | | | | | |
| 235 | 23 | Marcin Kasperek | POL | Chomixy | Chomęcice | 1993 | M18 | 105 | 207 | | 00:13:57 | 08:43 |
| | | 400 m: 00:02:37 800 m: 00:05:44 1200 m: 00:09:16 | | | | | | | | | | |
| 236 | 68 | Damian Błaszczuk | POL | WHITE HELMETS | Turek | 1995 | M18 | 106 | 208 | | 00:13:57 | 08:43 |
| | | 400 m: 00:02:36 800 m: 00:06:05 1200 m: 00:09:54 | | | | | | | | | | |
| 237 | 128 | Paweł Jarlaczek | POL | Havana Club | Skórzewo | 1969 | M50 | 3 | 209 | | 00:13:59 | 08:45 |
| | | 400 m: 00:03:03 800 m: 00:06:14 1200 m: 00:10:00 | | | | | | | | | | |
| 238 | 127 | Paweł Pietruczuk | POL | Havana Club | Luboń | 1970 | M40 | 24 | 210 | | 00:13:59 | 08:45 |
| | | 400 m: 00:03:03 800 m: 00:06:14 1200 m: 00:10:01 | | | | | | | | | | |
| 239 | 126 | Jarosław Kamiński | POL | Havana Club | Poznań | 1969 | M50 | 4 | 211 | | 00:13:59 | 08:45 |
| | | 400 m: 00:03:00 800 m: 00:06:14 1200 m: 00:10:04 | | | | | | | | | | |
| 240 | 144 | Tomasz Zmuda | POL | Havana Club | Dąbrówka | 1969 | M50 | 5 | 212 | | 00:13:59 | 08:45 |
| | | 400 m: 00:03:03 800 m: 00:06:20 1200 m: 00:10:03 | | | | | | | | | | |

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|------|-----|--|------|------------------------|--------------|---------|------------|----------------|-----|----|----------|-----------------|
| 241 | 95 | Piotr Nowak | POL | | Koszalin | 1986 | M30 | 73 | 213 | | 00:14:01 | 08:46 |
| | | 400 m: 00:02:28 800 m: 00:05:50 1200 m: 00:10:21 | | | | | | | | | | |
| 242 | 15 | Lukasz Pawlak | POL | BEERunner | Pszczółki | 1985 | M30 | 74 | 214 | | 00:14:01 | 08:46 |
| | | 400 m: 00:02:43 800 m: 00:05:54 1200 m: 00:10:14 | | | | | | | | | | |
| 243 | 67 | Katarzyna Wiśniewska | POL | WHITE HELMETS | Poznań | 1995 | K18 | 17 | | 29 | 00:14:02 | 08:47 |
| | | 400 m: 00:02:36 800 m: 00:06:05 1200 m: 00:09:54 | | | | | | | | | | |
| 244 | 3 | Krzysztof Kałuża | POL | | Szamotuły | 1967 | M50 | 6 | 215 | | 00:14:05 | 08:48 |
| | | 400 m: 00:02:51 800 m: 00:06:03 1200 m: 00:10:02 | | | | | | | | | | |
| 245 | 54 | Krzysztof Klamycki | POL | | Bogucin | 1986 | M30 | 75 | 216 | | 00:14:06 | 08:49 |
| | | 400 m: 00:02:40 800 m: 00:05:57 1200 m: 00:10:00 | | | | | | | | | | |
| 246 | 71 | Wiktoria Kepczynska | POL | WhiteHelmets | Poznań | 1994 | K18 | 18 | | 30 | 00:14:06 | 08:49 |
| | | 400 m: 00:02:37 800 m: 00:06:05 1200 m: 00:09:54 | | | | | | | | | | |
| 247 | 191 | Samuel Roeder | POL | AlkoPornografia | Poznań | 1993 | M18 | 107 | 217 | | 00:14:06 | 08:49 |
| | | 400 m: 00:02:26 800 m: 00:05:40 1200 m: 00:09:35 | | | | | | | | | | |
| 248 | 142 | Błażej Sołtowski | POL | MLabs Stallions | Poznań | 1984 | M30 | 76 | 218 | | 00:14:07 | 08:50 |
| | | 400 m: 00:02:24 800 m: 00:06:24 1200 m: 00:10:21 | | | | | | | | | | |
| 249 | 43 | Andrzej Smyk | POL | bukowski klub biegacza | Opalenica | 1969 | M50 | 7 | 219 | | 00:14:10 | 08:52 |
| | | 400 m: 00:02:49 800 m: 00:06:13 1200 m: 00:10:14 | | | | | | | | | | |
| 250 | 266 | Patryk Cyplik | POL | Wojownicy Wódy | Witaszyce | 1995 | M18 | 108 | 220 | | 00:14:12 | 08:53 |
| | | 400 m: 00:02:37 800 m: 00:06:10 1200 m: 00:10:07 | | | | | | | | | | |
| 251 | 18 | Marcin Hellmann | POL | Surowa Ryba | Wysoka | 1990 | M18 | 109 | 221 | | 00:14:17 | 08:56 |
| | | 400 m: 00:02:53 800 m: 00:06:37 1200 m: 00:10:24 | | | | | | | | | | |
| 252 | 168 | Anna Banaszak | POL | Sprinterzy Sigmeo | Poznań | 1990 | K18 | 19 | | 31 | 00:14:17 | 08:56 |
| | | 400 m: 00:02:36 800 m: 00:06:05 1200 m: 00:10:26 | | | | | | | | | | |
| 253 | 170 | Sylwester Badach | POL | Sprinterzy Sigmeo | Międzyrzecz | 1989 | M30 | 77 | 222 | | 00:14:17 | 08:56 |
| | | 400 m: 00:02:20 800 m: 00:05:28 1200 m: 00:09:45 | | | | | | | | | | |
| 254 | 84 | Karol Szeszycki | POL | Wóda lepsza | Orchowo | 1993 | M18 | 110 | 223 | | 00:14:21 | 08:59 |
| | | 400 m: 00:02:17 800 m: 00:05:20 1200 m: 00:09:41 | | | | | | | | | | |
| 255 | 368 | Norbert Jędraszczyk | POL | Feniks 40 Leszno | Leszno | 1979 | M40 | 25 | 224 | | 00:14:21 | 08:59 |
| | | 400 m: 00:02:44 800 m: 00:06:00 1200 m: 00:10:03 | | | | | | | | | | |
| 256 | 363 | Jakub Ratuszny | POL | | Gostyń | 1989 | M30 | 78 | 225 | | 00:14:22 | 08:59 |
| | | 400 m: 00:02:44 800 m: 00:06:00 1200 m: 00:10:04 | | | | | | | | | | |
| 257 | 364 | Michał Ratuszny | POL | | Swieciechowa | 1987 | M30 | 79 | 226 | | 00:14:22 | 08:59 |
| | | 400 m: 00:02:44 800 m: 00:06:00 1200 m: 00:10:04 | | | | | | | | | | |
| 258 | 333 | Grzegorz Pałka | POL | SERIKON TEAM | Tulce | 1952 | M60+ | 6 | 227 | | 00:14:22 | 08:59 |
| | | 400 m: 00:02:30 800 m: 00:05:59 1200 m: 00:10:30 | | | | | | | | | | |
| 259 | 154 | Martyna Granos | POL | Biegające Granosy | Poznań | 1993 | K18 | 20 | | 32 | 00:14:22 | 08:59 |
| | | 400 m: 00:02:52 800 m: 00:06:23 1200 m: 00:10:19 | | | | | | | | | | |
| 260 | 332 | Sylwia Seifert | POL | SERIKON TEAM | Poznań | 1972 | K40 | 7 | | 33 | 00:14:22 | 08:59 |
| | | 400 m: 00:03:11 800 m: 00:06:28 1200 m: 00:10:30 | | | | | | | | | | |

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|------|-----|---|------|-----------------------------|-----------------------|---------|------------|----------------|-----|----|----------|-----------------|
| 261 | 155 | Krzysztof Nieznalski 400 m: 00:02:52 800 m: 00:06:23 1200 m: 00:10:19 | POL | Biegające Granosy | Poznań | 1989 | M30 | 80 | 228 | | 00:14:23 | 09:00 |
| 262 | 218 | Dariusz Rękawek 400 m: 00:03:02 800 m: 00:06:34 1200 m: 00:10:33 | POL | | Poznań | 1961 | M50 | 8 | 229 | | 00:14:24 | 09:00 |
| 263 | 118 | Asia Wójcik-Pruczkowska 400 m: 00:02:53 800 m: 00:06:30 1200 m: 00:10:31 | POL | Panie, daleko jeszcze? | Kostrzyn | 1987 | K30 | 6 | | 34 | 00:14:26 | 09:01 |
| 264 | 10 | Ewelina Cegielska 400 m: 00:03:10 800 m: 00:06:51 1200 m: 00:10:32 | POL | Panie,daleko jeszcze? | Kostrzyn Wlkp | 1985 | K30 | 7 | | 35 | 00:14:29 | 09:03 |
| 265 | 116 | Jolanta Kubarska 400 m: 00:02:53 800 m: 00:06:51 1200 m: 00:10:32 | POL | Panie, daleko jeszcze ? | Sokolniki Drążgowskie | 1976 | K40 | 8 | | 36 | 00:14:30 | 09:04 |
| 266 | 117 | Marzena Pietraszewska 400 m: 00:03:10 800 m: 00:06:40 1200 m: 00:10:36 | POL | Panie, daleko jeszcze ? | Sanniki | 1973 | K40 | 9 | | 37 | 00:14:34 | 09:07 |
| 267 | 303 | Maciej Jankowski 400 m: 00:03:08 800 m: 00:06:50 1200 m: 00:10:34 | POL | Jan-System Maciej Jankowski | Poznań | 1979 | M40 | 26 | 230 | | 00:14:34 | 09:07 |
| 268 | 305 | Przemysław Jankowski 400 m: 00:03:08 800 m: 00:06:50 1200 m: 00:10:34 | POL | | Wierzyce | 1969 | M50 | 9 | 231 | | 00:14:34 | 09:07 |
| 269 | 304 | Anna Kapczyńska 400 m: 00:03:08 800 m: 00:06:51 1200 m: 00:10:35 | POL | | Poznań | 1977 | K40 | 10 | | 38 | 00:14:36 | 09:08 |
| 270 | 77 | Mateusz Perkielewicz 400 m: 00:02:45 800 m: 00:06:07 1200 m: 00:10:13 | POL | Bez piwa nie biegamy | Środa Wielkopolska | 1987 | M30 | 81 | 232 | | 00:14:42 | 09:11 |
| 271 | 79 | Barbara Wójciak 400 m: 00:02:49 800 m: 00:06:21 1200 m: 00:10:15 | POL | | Środa Wlkp | 1993 | K18 | 21 | | 39 | 00:14:42 | 09:11 |
| 272 | 59 | Michał Żołądkowski 400 m: 00:02:50 800 m: 00:06:23 1200 m: 00:10:26 | POL | Bez piwa nie biegamy | Środa Wielkopolska | 1981 | M30 | 82 | 233 | | 00:14:42 | 09:12 |
| 273 | 56 | Anna Przybylska 400 m: 00:02:50 800 m: 00:06:23 1200 m: 00:10:26 | POL | Bez piwa nie biegamy | Środa Wlkp | 1985 | K30 | 8 | | 40 | 00:14:42 | 09:12 |
| 274 | 58 | Natalia Jankowska 400 m: 00:02:50 800 m: 00:06:24 1200 m: 00:10:26 | POL | Bez piwa nie biegamy | Środa Wielkopolska | 1983 | K30 | 9 | | 41 | 00:14:42 | 09:12 |
| 275 | 188 | Joanna Szczotka 400 m: 00:02:12 800 m: 00:05:32 1200 m: 00:09:20 | POL | | Poznań | 1994 | K18 | 22 | | 42 | 00:14:44 | 09:13 |
| 276 | 173 | Filip Urban 400 m: 00:02:25 800 m: 00:05:26 1200 m: 00:09:09 | POL | AlkoPornografia | Poznań | 1994 | M18 | 111 | 234 | | 00:14:45 | 09:14 |
| 277 | 183 | Mateusz Jarzębowski 400 m: 00:02:29 800 m: 00:06:01 1200 m: 00:10:21 | POL | | Poznań | 1990 | M18 | 112 | 235 | | 00:14:50 | 09:16 |
| 278 | 164 | Maciej Goździewicz 400 m: 00:02:32 800 m: 00:06:04 1200 m: 00:10:21 | POL | | Osieczna | 1990 | M18 | 113 | 236 | | 00:14:52 | 09:18 |
| 279 | 166 | Krzysztof Górecki 400 m: 00:02:33 800 m: 00:06:04 1200 m: 00:10:22 | POL | | Poznań | 1990 | M18 | 114 | 237 | | 00:14:52 | 09:18 |
| 280 | 192 | Kamil Milkowski 400 m: 00:02:56 800 m: 00:06:19 1200 m: 00:10:19 | POL | | Poznań | 1990 | M18 | 115 | 238 | | 00:14:52 | 09:18 |

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|------|-----|---|------|--------------------------------------|--------------|---------|------------|----------------|-----|----|----------|-----------------|
| 281 | 257 | Dawid Mastyla 400 m: 00:02:57 800 m: 00:06:30 1200 m: 00:10:23 | POL | | Szczecinek | 1996 | M18 | 116 | 239 | | 00:14:55 | 09:20 |
| 282 | 17 | Dariusz Brudnicki 400 m: 00:02:54 800 m: 00:06:41 1200 m: 00:10:24 | POL | Surowa Ryba | Poznań | 1990 | M18 | 117 | 240 | | 00:14:56 | 09:20 |
| 283 | 290 | Mateusz Groblewicz 400 m: 00:03:16 800 m: 00:06:43 1200 m: 00:10:21 | POL | Seecom | Poznań | 1990 | M18 | 118 | 241 | | 00:14:58 | 09:21 |
| 284 | 29 | Marek Sierzputowski 400 m: 00:02:21 800 m: 00:05:41 1200 m: 00:09:35 | POL | Volkswagen Group Polska Running team | Poznań | 1983 | M30 | 83 | 242 | | 00:14:58 | 09:22 |
| 285 | 31 | Robert Privara 400 m: 00:02:29 800 m: 00:05:41 1200 m: 00:09:47 | POL | | Poznań | 1985 | M30 | 84 | 243 | | 00:14:58 | 09:22 |
| 286 | 352 | Klaudyna Kurowiak 400 m: 00:03:34 800 m: 00:07:12 1200 m: 00:10:57 | POL | SERIKON TEAM | Poznań | 1970 | K40 | 11 | | 43 | 00:15:03 | 09:25 |
| 287 | 335 | Katarzyna Matuszewska 400 m: 00:03:34 800 m: 00:07:13 1200 m: 00:10:57 | POL | SERIKON TEAM | Poznań | 1972 | K40 | 12 | | 44 | 00:15:03 | 09:25 |
| 288 | 49 | Piotr Szukała 400 m: 00:03:03 800 m: 00:06:55 1200 m: 00:11:06 | POL | Drzewka | Poznań | 1985 | M30 | 85 | 244 | | 00:15:09 | 09:29 |
| 289 | 46 | Martyna Dąbkowska 400 m: 00:03:04 800 m: 00:06:55 1200 m: 00:11:05 | POL | Drzewka | Poznań | 1992 | K18 | 23 | | 45 | 00:15:09 | 09:29 |
| 290 | 47 | Tomasz Drzewicki 400 m: 00:03:03 800 m: 00:06:54 1200 m: 00:11:05 | POL | Drzewka | Poznań | 1985 | M30 | 86 | 245 | | 00:15:09 | 09:29 |
| 291 | 189 | Martyna Sysak 400 m: 00:03:20 800 m: 00:07:01 1200 m: 00:11:06 | POL | | Poznań | 1994 | K18 | 24 | | 46 | 00:15:14 | 09:32 |
| 292 | 216 | Alicja Rękawek 400 m: 00:03:01 800 m: 00:06:53 1200 m: 00:10:31 | POL | | Poznań | 1992 | K18 | 25 | | 47 | 00:15:23 | 09:37 |
| 293 | 217 | Michalina Rękawek 400 m: 00:03:03 800 m: 00:06:52 1200 m: 00:10:37 | POL | | Poznań | 1991 | K18 | 26 | | 48 | 00:15:24 | 09:38 |
| 294 | 225 | Sebastian Matuszczak 400 m: 00:02:52 800 m: 00:06:56 1200 m: 00:10:30 | POL | | Poznań | 1996 | M18 | 119 | 246 | | 00:15:41 | 09:48 |
| 295 | 226 | Natalia Meisnerowska 400 m: 00:02:52 800 m: 00:06:55 1200 m: 00:10:31 | POL | | Poznań | 1996 | K18 | 27 | | 49 | 00:15:41 | 09:48 |
| 296 | 274 | Radek Król 400 m: 00:03:56 800 m: 00:07:56 1200 m: 00:12:04 | POL | Bruk4Life | Biedrusko | 1990 | M18 | 120 | 247 | | 00:15:59 | 10:00 |
| 297 | 275 | Michał Arnold 400 m: 00:03:56 800 m: 00:07:56 1200 m: 00:12:04 | POL | Bruk4Life | Poznań | 1990 | M18 | 121 | 248 | | 00:15:59 | 10:00 |
| 298 | 283 | Dariusz Baksalary 400 m: 00:03:18 800 m: 00:06:43 1200 m: 00:10:34 | POL | Seecom | Przeźmierowo | 1977 | M40 | 27 | 249 | | 00:16:03 | 10:02 |
| 299 | 292 | Przemysław Czereba 400 m: 00:03:17 800 m: 00:06:44 1200 m: 00:10:34 | POL | Seecom | Poznań | 1987 | M30 | 87 | 250 | | 00:16:03 | 10:02 |
| 300 | 286 | Mariusz Kozak 400 m: 00:03:16 800 m: 00:06:44 1200 m: 00:10:34 | POL | Seecom | Przeźmierowo | 1973 | M40 | 28 | 251 | | 00:16:03 | 10:02 |

Poznańska Piwna Mila na Targach

Poznań 16.11.2019 | Dystans: 1,60 km | Wyniki OPEN

Klasyfikacja według czasów netto



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik | śr.tempo min/km |
|------|-----|--|------|----------------|-----------------------|---------|------------|----------------|-----|----|----------|-----------------|
| 301 | 288 | Adam Zaworski 400 m: 00:03:19 800 m: 00:06:53 1200 m: 00:11:45 | POL | Seecom | Wilkowyja | 1978 | M40 | 29 | 252 | | 00:16:03 | 10:02 |
| 302 | 293 | Jakub Domański 400 m: 00:03:19 800 m: 00:06:45 1200 m: 00:11:44 | POL | Seecom | Radunica | 1980 | M30 | 88 | 253 | | 00:16:03 | 10:02 |
| 303 | 287 | Radosław Frankowski 400 m: 00:03:19 800 m: 00:06:44 1200 m: 00:10:35 | POL | | Poznań | 1976 | M40 | 30 | 254 | | 00:16:03 | 10:02 |
| 304 | 284 | Dawid Kubas 400 m: 00:03:20 800 m: 00:06:54 1200 m: 00:11:45 | POL | Seecom | Przeźmierowo | 1975 | M40 | 31 | 255 | | 00:16:04 | 10:03 |
| 305 | 289 | Sebastian Antkowiak 400 m: 00:03:19 800 m: 00:06:44 1200 m: 00:10:35 | POL | Seecom | Poznań | 1979 | M40 | 32 | 256 | | 00:16:04 | 10:03 |
| 306 | 196 | Mateusz Frątczak 400 m: 00:02:15 800 m: 00:05:30 1200 m: 00:10:34 | POL | | Babiak | 1995 | M18 | 122 | 257 | | 00:16:05 | 10:03 |
| 307 | 362 | Aleks Szydzik 400 m: 00:02:18 800 m: 00:05:31 1200 m: 00:09:15 | POL | Graki Chlaki | Bydgoszcz | 1993 | M18 | 123 | 258 | | 00:16:10 | 10:07 |
| 308 | 42 | Magdalena Luleczka 400 m: 00:03:13 800 m: 00:07:31 1200 m: 00:11:38 | POL | Kijanki Team | Uścięcice | 1985 | K30 | 10 | | 50 | 00:16:16 | 10:10 |
| 309 | 295 | Magdalena Mrula 400 m: 00:02:45 800 m: 00:06:14 1200 m: 00:11:01 | POL | Sandałer | Poznań | 1994 | K18 | 28 | | 51 | 00:16:32 | 10:20 |
| 310 | 279 | Dominika Nowacka 400 m: 00:02:44 800 m: 00:06:14 1200 m: 00:11:02 | POL | Sandałer | Sulęcinek | 1993 | K18 | 29 | | 52 | 00:16:32 | 10:21 |
| 311 | 187 | Magdalena Krasnodębska 400 m: 00:03:17 800 m: 00:07:26 1200 m: 00:12:00 | POL | BBL POLICE | Nowe Warpno | 1980 | K30 | 11 | | 53 | 00:16:33 | 10:21 |
| 312 | 178 | Patryk Kostusiak 400 m: 00:03:20 800 m: 00:07:42 1200 m: 00:12:34 | POL | Żółwikersi :) | Poznań | 1983 | M30 | 89 | 259 | | 00:16:36 | 10:23 |
| 313 | 179 | Krzysztof Czajka 400 m: 00:03:20 800 m: 00:07:43 1200 m: 00:12:34 | POL | Żółwikersi :) | Poznań | 1981 | M30 | 90 | 260 | | 00:16:37 | 10:23 |
| 314 | 208 | Kasia Skowrońska 400 m: 00:02:52 800 m: 00:06:13 1200 m: 00:10:11 | POL | FAsT RUNNERS | Gniezno | 2000 | K18 | 30 | | 54 | 00:16:42 | 10:27 |
| 315 | 207 | Wojtek Doberschutz 400 m: 00:02:52 800 m: 00:06:13 1200 m: 00:10:11 | POL | FAsT RUNNERS | Gniezno | 2000 | M18 | 124 | 261 | | 00:16:43 | 10:27 |
| 316 | 165 | Michał Maślakowski 400 m: 00:02:34 800 m: 00:06:28 1200 m: 00:11:55 | POL | | Mierzejewo | 1990 | M18 | 125 | 262 | | 00:16:54 | 10:34 |
| 317 | 247 | Michał Andrzejewski 400 m: 00:02:56 800 m: 00:06:46 1200 m: 00:12:31 | POL | ALKUSY | Poznań | 1993 | M18 | 126 | 263 | | 00:17:24 | 10:53 |
| 318 | 248 | Damian Lis 400 m: 00:02:57 800 m: 00:06:46 1200 m: 00:12:31 | POL | ALKUSY | Poznań | 1993 | M18 | 127 | 264 | | 00:17:25 | 10:53 |
| 319 | 252 | Arkadiusz Milo 400 m: 00:02:21 800 m: 00:06:38 1200 m: 00:11:27 | POL | | Nowe Miasto Lubawskie | 1993 | M18 | 128 | 265 | | 00:17:26 | 10:54 |
| 320 | 161 | Malwina Kozłowska 400 m: 00:02:54 800 m: 00:06:55 1200 m: 00:12:22 | POL | Dirty Sparrows | Widziszewo | 1995 | K18 | 31 | | 55 | 00:17:32 | 10:58 |

Poznańska Piwna Mila na Targach

Poznań 16.11.2019 | Dystans: 1,60 km | Wyniki OPEN

Klasyfikacja według czasów netto



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik | śr.tempo min/km |
|------|-----|---|------|----------------------------|-----------------------|---------|------------|----------------|-----|----|----------|-----------------|
| 321 | 251 | Kinga Dulińska 400 m: 00:02:51 800 m: 00:06:39 1200 m: 00:11:35 | POL | | Nowe Miasto Lubawskie | 1995 | K18 | 32 | | 56 | 00:17:50 | 11:09 |
| 322 | 63 | Piotr Ruciński 400 m: 00:02:51 800 m: 00:07:10 1200 m: 00:12:45 | POL | Pomoc mierzona kilogramami | Swarzędz | 1990 | M18 | 129 | 266 | | 00:17:51 | 11:10 |
| 323 | 162 | Bartłomiej Moroch 400 m: 00:02:56 800 m: 00:06:55 1200 m: 00:12:26 | POL | | Poznań | 1990 | M18 | 130 | 267 | | 00:17:54 | 11:12 |
| 324 | 372 | Korneliusz Olejarz 400 m: 00:03:02 800 m: 00:06:22 1200 m: 00:12:16 | POL | | Zielona Góra | 1992 | M18 | 131 | 268 | | 00:18:05 | 11:18 |
| 325 | 253 | Anna Okoniewska 400 m: 00:02:51 800 m: 1200 m: 00:11:31 | POL | | Poznań | 1993 | K18 | 33 | | 57 | 00:18:25 | 11:31 |
| 326 | 254 | Jan Okoniewski 400 m: 00:02:21 800 m: 00:06:40 1200 m: 00:11:35 | POL | | Poznań | 1994 | M18 | 132 | 269 | | 00:18:26 | 11:31 |
| 327 | 153 | Agnieszka Cicha 400 m: 00:02:54 800 m: 00:07:02 1200 m: 00:13:17 | POL | Poznań FC | Poznań | 1993 | K18 | 34 | | 58 | 00:19:05 | 11:56 |
| 328 | 152 | Maciej Jabłoński 400 m: 00:02:52 800 m: 00:06:58 1200 m: 00:13:17 | POL | Poznań FC | Poznań | 1993 | M18 | 133 | 270 | | 00:19:07 | 11:57 |
| 329 | 198 | Magdalena Bentkoska 400 m: 00:02:56 800 m: 00:06:57 1200 m: 00:13:07 | POL | Dirty Sparrows | Poznań | 1987 | K30 | 12 | | 59 | 00:20:09 | 12:36 |
| 330 | 355 | Małgorzata Świadek 400 m: 00:04:53 800 m: 00:10:05 1200 m: 00:15:27 | POL | #SZTAFLONY | Poznań | 1991 | K18 | 35 | | 60 | 00:20:22 | 12:44 |
| 331 | 354 | Radosław Gluza 400 m: 00:04:53 800 m: 00:10:05 1200 m: 00:15:27 | POL | #SZTAFLONY | Opalenica | 1991 | M18 | 134 | 271 | | 00:20:22 | 12:44 |
| 332 | 353 | Marcin Lubarski 400 m: 00:04:53 800 m: 00:10:05 1200 m: 00:15:27 | POL | sztafioniści | Poznań | 1984 | M30 | 91 | 272 | | 00:20:22 | 12:44 |