

Botaniczna Piątka - edycja jesienna

Poznań 26.10.2019 | Dystans: 5,00 km | Wyniki OPEN

Klasyfikacja według czasów netto



| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|----------------------|------|-------------------------------|--------------------|---------|------------|----------------|----|---|-------------|--------------|-----------------|
| 1 | 568 | Szymon Belgrau | POL | IVOLT Team | Międzyrzecz | 1994 | M20 | 1 | 1 | | 00:15:52 | 00:15:52 | 03:10 |
| 2 | 348 | Kamil Matyja | POL | OŚ AZS POZNAŃ | Poznań | 2002 | M15 | 1 | 2 | | 00:17:27 | 00:17:27 | 03:29 |
| 3 | 309 | Rafał Tomowiak | POL | SzymanowskiTeam | Leszno | 1984 | M30 | 1 | 3 | | 00:17:32 | 00:17:32 | 03:31 |
| 4 | 566 | Grzegorz Urbańczyk | POL | For Run Team & AdRunaLine | Poznań | 1987 | M30 | 2 | 4 | | 00:17:40 | 00:17:40 | 03:32 |
| 5 | 482 | Łukasz Smużny | POL | Predators Wałbrzych | Wałbrzych | 2002 | M15 | 2 | 5 | | 00:18:17 | 00:18:17 | 03:40 |
| 6 | 212 | Amadeusz Górski | POL | Dom Pelen Energii/Be3_Cityzen | Poznań | 1993 | M20 | 2 | 6 | | 00:18:34 | 00:18:34 | 03:43 |
| 7 | 448 | Marcin Orłowski | POL | Dąbrowski Team | Poznań | 1982 | M30 | 3 | 7 | | 00:18:35 | 00:18:35 | 03:43 |
| 8 | 439 | Artur Chojnacki | POL | BÓG HONOR OJCZYŻNA | Poznań | 1981 | M30 | 4 | 8 | | 00:18:41 | 00:18:41 | 03:44 |
| 9 | 159 | Aleksander Guzik | POL | Guziki | Poznań | 1992 | M20 | 3 | 9 | | 00:18:47 | 00:18:47 | 03:45 |
| 10 | 150 | Robert Mazur | POL | | Mieścisko | 1990 | M20 | 4 | 10 | | 00:18:50 | 00:18:50 | 03:46 |
| 11 | 567 | Mateusz Borkowski | POL | Wataha Północy/ For Run Team | Poznań | 1985 | M30 | 5 | 11 | | 00:18:55 | 00:18:55 | 03:47 |
| 12 | 424 | Damian Szymański | POL | Dynamo Śmiga | Plewiska | 2002 | M15 | 3 | 12 | | 00:19:12 | 00:19:12 | 03:51 |
| 13 | 203 | Marek Śliwiński | POL | PCH_RUN | Chodzież | 1983 | M30 | 6 | 13 | | 00:19:17 | 00:19:17 | 03:52 |
| 14 | 406 | Przemysław Marciniak | POL | Biegamy dla medali | Skórzewo | 1985 | M30 | 7 | 14 | | 00:19:25 | 00:19:25 | 03:53 |
| 15 | 277 | Darek Król | POL | HERNIK TEAM | Świątniki | 1967 | M50 | 1 | 15 | | 00:19:31 | 00:19:31 | 03:54 |
| 16 | 450 | Kacper Kmiecik | POL | Wolsztyńska Akademia Biegowa | Łódź | 2004 | M15 | 4 | 16 | | 00:19:31 | 00:19:31 | 03:54 |
| 17 | 445 | Łukasz Wikierski | POL | GB Wielkopolscy Biegacze | Poznań | 1979 | M40 | 1 | 17 | | 00:19:33 | 00:19:33 | 03:55 |
| 18 | 446 | Przemysław Muszyński | POL | Uwaga Pies | Poznań | 1996 | M20 | 5 | 18 | | 00:19:40 | 00:19:40 | 03:56 |
| 19 | 558 | Łukasz Michałowski | POL | AWF Poznań | Poznań | 1983 | M30 | 8 | 19 | | 00:19:43 | 00:19:43 | 03:57 |
| 20 | 559 | Bartłomiej Rydzewski | POL | | Poznań | 1994 | M20 | 6 | 20 | | 00:19:45 | 00:19:45 | 03:57 |
| 21 | 432 | Piotr Kaźmierczak | POL | Naramowice Biegają | Poznań | 1978 | M40 | 2 | 21 | | 00:19:51 | 00:19:51 | 03:58 |
| 22 | 289 | Artur Pyszny | POL | | Poznań | 1984 | M30 | 9 | 22 | | 00:20:03 | 00:20:03 | 04:01 |
| 23 | 105 | Robert Łagoda | POL | OBIBOKI TEAM | Poznań | 1967 | M50 | 2 | 23 | | 00:20:04 | 00:20:04 | 04:01 |
| 24 | 575 | Marek Kościelniak | POL | MUAY RUNNING TEAM | Poznań | 1977 | M40 | 3 | 24 | | 00:20:06 | 00:20:06 | 04:01 |
| 25 | 442 | Tomasz Dąbek | POL | | Strzałkowo | 1994 | M20 | 7 | 25 | | 00:20:22 | 00:20:22 | 04:04 |
| 26 | 484 | Massimo Di Marino | POL | | Poznań | 1973 | M40 | 4 | 26 | | 00:20:32 | 00:20:32 | 04:06 |
| 27 | 487 | Daniel Szczygieł | POL | | Poznań | 1997 | M20 | 8 | 27 | | 00:20:33 | 00:20:33 | 04:07 |
| 28 | 131 | Piotr Reszke | POL | Kobylnica | Kobylnica | 1972 | M40 | 5 | 28 | | 00:20:34 | 00:20:34 | 04:07 |
| 29 | 397 | Norbert Paradowski | POL | | Poznań | 1975 | M40 | 6 | 29 | | 00:20:38 | 00:20:38 | 04:08 |
| 30 | 109 | Piotr Kuchta | POL | | Rabowice | 1982 | M30 | 10 | 30 | | 00:20:38 | 00:20:38 | 04:08 |
| 31 | 129 | Tomasz Dawidowicz | POL | TODA Meble | Poznań | 1987 | M30 | 11 | 31 | | 00:20:40 | 00:20:40 | 04:08 |
| 32 | 569 | Robert Górny | POL | Wybite Jedyunki | Poznań | 1983 | M30 | 12 | 32 | | 00:20:45 | 00:20:45 | 04:09 |
| 33 | 222 | Mateusz Korcz | POL | Decora Running Team | Środa Wielkopolska | 1988 | M30 | 13 | 33 | | 00:20:46 | 00:20:46 | 04:09 |
| 34 | 128 | Marcin Grzelak | POL | Szczecin | Szczecin | 1995 | M20 | 9 | 34 | | 00:20:47 | 00:20:47 | 04:10 |
| 35 | 94 | Adam Frąckowiak | POL | HERNIK TEAM | Poznań | 1978 | M40 | 7 | 35 | | 00:20:48 | 00:20:48 | 04:10 |
| 36 | 421 | Patryk Rzepka | POL | Futsal Poznań | Poznań | 1983 | M30 | 14 | 36 | | 00:20:52 | 00:20:52 | 04:11 |
| 37 | 545 | Sebastian Torchała | POL | J&Z TORCH | Kobylnica | 1977 | M40 | 8 | 37 | | 00:21:00 | 00:21:00 | 04:12 |
| 38 | 177 | Waldek Kulwicki | POL | | Poznań | 1984 | M30 | 15 | 38 | | 00:21:04 | 00:21:04 | 04:13 |
| 39 | 489 | Klaudiusz Czarniecki | POL | Arystokracja Swarzędz | Swarzędz | 2001 | M15 | 5 | 39 | | 00:21:08 | 00:21:08 | 04:14 |
| 40 | 221 | Edward Borowczyk | POL | Decora Running Team | Środa Wielkopolska | 1979 | M40 | 9 | 40 | | 00:21:09 | 00:21:09 | 04:14 |

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|------|-----|-----------------------|------|------------------------------------|--------------------|---------|------------|----------------|----|---|-------------|--------------|-----------------|
| 41 | 372 | Robert Siemianowski | POL | | Wagrowiec | 1996 | M20 | 10 | 41 | | 00:21:21 | 00:21:21 | 04:16 |
| 42 | 272 | Michał Kaczmarek | POL | | Chyby | 1986 | M30 | 16 | 42 | | 00:21:23 | 00:21:23 | 04:17 |
| 43 | 280 | Marek Jankowski | POL | Sportowy Team Żabki | Poznań | 1982 | M30 | 17 | 43 | | 00:21:32 | 00:21:32 | 04:19 |
| 44 | 292 | Anna Wiśniewska | POL | HERNIK TEAM | Poznań | 1982 | K30 | 1 | | 1 | 00:21:33 | 00:21:33 | 04:19 |
| 45 | 349 | Patrycja Muszkieta | POL | Art Team Pegaz Teatr Wielki Poznań | Poznań | 1992 | K20 | 1 | | 2 | 00:21:39 | 00:21:39 | 04:20 |
| 46 | 350 | Maciej Knast | POL | Wybite Jedyнки | Poznań | 1971 | M40 | 10 | 44 | | 00:21:40 | 00:21:40 | 04:20 |
| 47 | 527 | Patrycja Ceglaz | POL | DD running team | Poznań | 1996 | K20 | 2 | | 3 | 00:21:41 | 00:21:41 | 04:20 |
| 48 | 507 | Dawid Kaszak | POL | | Koziegłowy | 1996 | M20 | 11 | 45 | | 00:22:01 | 00:22:01 | 04:24 |
| 49 | 485 | Jakub Skórzewski | POL | | Pamiątkowo | 2003 | M15 | 6 | 46 | | 00:22:02 | 00:22:02 | 04:24 |
| 50 | 264 | Robert Jordan | POL | Hell | Grzebenisko | 1974 | M40 | 11 | 47 | | 00:22:02 | 00:22:02 | 04:25 |
| 51 | 573 | Łukasz Przybyła | POL | Fyrtel Północ/Kibole w biegu | | 1995 | M20 | 12 | 48 | | 00:22:06 | 00:22:06 | 04:25 |
| 52 | 125 | Aleksander Malinowski | POL | Poznań | Poznań | 1979 | M40 | 12 | 49 | | 00:22:19 | 00:22:19 | 04:28 |
| 53 | 556 | Monika Jadczyk | POL | Krotoszyńska Grupa Biegowa | Krotoszyn | 2001 | K15 | 1 | | 4 | 00:22:20 | 00:22:20 | 04:28 |
| 54 | 490 | Marcin Kubiak | POL | Saper Team | Poznań | 1980 | M30 | 18 | 50 | | 00:22:24 | 00:22:24 | 04:29 |
| 55 | 506 | Kuba Szczęsny | POL | | Buk | 1995 | M20 | 13 | 51 | | 00:22:26 | 00:22:26 | 04:29 |
| 56 | 152 | Michał Chwaliński | POL | | Poznań | 1982 | M30 | 19 | 52 | | 00:22:26 | 00:22:26 | 04:29 |
| 57 | 178 | Bartosz Kucharski | POL | | Poznań | 1989 | M30 | 20 | 53 | | 00:22:28 | 00:22:28 | 04:30 |
| 58 | 438 | Mikołaj Kaźmierczak | POL | | Leszno | 1995 | M20 | 14 | 54 | | 00:22:32 | 00:22:32 | 04:31 |
| 59 | 533 | Kacper Hetmanowski | POL | | Śrem | 2002 | M15 | 7 | 55 | | 00:22:33 | 00:22:33 | 04:31 |
| 60 | 532 | Kacper Andrzejak | POL | | Puszczykowo | 1991 | M20 | 15 | 56 | | 00:22:33 | 00:22:33 | 04:31 |
| 61 | 147 | Marian Michałek | POL | | Komorniki | 1971 | M40 | 13 | 57 | | 00:22:35 | 00:22:35 | 04:31 |
| 62 | 523 | Rafał Sawada | POL | | Oborniki | 1976 | M40 | 14 | 58 | | 00:22:37 | 00:22:37 | 04:31 |
| 63 | 434 | Agata Abram | POL | Biegający Wagrowiec | Wagrowiec | 1991 | K20 | 3 | | 5 | 00:22:37 | 00:22:37 | 04:31 |
| 64 | 161 | Remigiusz Kluczyński | POL | | Pamiątkowo | 1966 | M50 | 3 | 59 | | 00:22:40 | 00:22:40 | 04:32 |
| 65 | 124 | Jan Cebula | POL | RUNNERS TEAM KĘPNO | Kępno | 1958 | M60+ | 1 | 60 | | 00:22:45 | 00:22:45 | 04:33 |
| 66 | 98 | Jan Żaczek | POL | | Poznań | 1958 | M60+ | 2 | 61 | | 00:22:49 | 00:22:49 | 04:34 |
| 67 | 239 | Andrzej Tomaszewski | POL | STUDIO FIGURA | Poznań | 1975 | M40 | 15 | 62 | | 00:22:49 | 00:22:49 | 04:34 |
| 68 | 237 | Patryk Czyżewski | POL | STUDIO FIGURA | Poznań | 1991 | M20 | 16 | 63 | | 00:22:52 | 00:22:52 | 04:34 |
| 69 | 104 | Łukasz Żak | POL | OBIBOKI TEAM | Poznań | 1980 | M30 | 21 | 64 | | 00:22:52 | 00:22:52 | 04:35 |
| 70 | 368 | Mateusz Orywał | POL | LO Marcinek Poznań | Poznań | 2003 | M15 | 8 | 65 | | 00:22:55 | 00:22:55 | 04:35 |
| 71 | 555 | Marcelina Furmanek | POL | Home of Body | Poznań | 1991 | K20 | 4 | | 6 | 00:22:56 | 00:22:56 | 04:35 |
| 72 | 387 | Filip Sznajder | POL | Komorniki MTB Team | Szreniawa | 1991 | M20 | 17 | 66 | | 00:22:58 | 00:22:58 | 04:36 |
| 73 | 511 | Roma Kowalska | POL | Rokietnica Biega | Bytkowo | 1983 | K30 | 2 | | 7 | 00:23:01 | 00:23:01 | 04:36 |
| 74 | 133 | Piotr Kwieciński | POL | Luboń | Luboń | 1982 | M30 | 22 | 67 | | 00:23:03 | 00:23:03 | 04:37 |
| 75 | 233 | Mateusz Czechowski | POL | Poznań | Poznań | 1994 | M20 | 18 | 68 | | 00:23:07 | 00:23:07 | 04:37 |
| 76 | 313 | Przemysław Wolny | POL | | Poznań | 1983 | M30 | 23 | 69 | | 00:23:09 | 00:23:09 | 04:38 |
| 77 | 219 | Robert Lepczak | POL | Decora Running Team | Środa Wielkopolska | 1993 | M20 | 19 | 70 | | 00:23:12 | 00:23:12 | 04:39 |
| 78 | 132 | Bartosz Dziamski | POL | BBKTS | Murowana Goślina | 1993 | M20 | 20 | 71 | | 00:23:13 | 00:23:13 | 04:39 |
| 79 | 118 | Miłosz Dziamski | POL | | Skoki | 1992 | M20 | 21 | 72 | | 00:23:16 | 00:23:16 | 04:39 |
| 80 | 407 | Monika Owczarczak | POL | | Poznań | 1984 | K30 | 3 | | 8 | 00:23:19 | 00:23:19 | 04:40 |

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|------|-----|-----------------------------|------|-------------------------|--------------------|---------|------------|----------------|----|----|-------------|--------------|-----------------|
| 81 | 290 | Damian Antkowiak | POL | | Czmoń | 1984 | M30 | 24 | 73 | | 00:23:22 | 00:23:22 | 04:41 |
| 82 | 263 | Bogumił Nowicki | POL | | Poznań | 1991 | M20 | 22 | 74 | | 00:23:23 | 00:23:23 | 04:41 |
| 83 | 204 | Marcin Ławrowski | POL | | Plewiska | 1983 | M30 | 25 | 75 | | 00:23:23 | 00:23:23 | 04:41 |
| 84 | 525 | Antoni Szcześniak | POL | | Puszczykowo | 1994 | M20 | 23 | 76 | | 00:23:25 | 00:23:25 | 04:41 |
| 85 | 381 | Bartłomiej Sobczak | POL | | Trzcianka | 1992 | M20 | 24 | 77 | | 00:23:27 | 00:23:27 | 04:41 |
| 86 | 471 | Maciej Krotoski | POL | Przebiegli Prawnicy | Poznań | 1982 | M30 | 26 | 78 | | 00:23:31 | 00:23:31 | 04:42 |
| 87 | 276 | Paweł Bobek | POL | | Poznań | 1977 | M40 | 16 | 79 | | 00:23:34 | 00:23:34 | 04:43 |
| 88 | 312 | Adam Choryński | POL | swarzedz24.pl | Swarzędz | 1983 | M30 | 27 | 80 | | 00:23:35 | 00:23:35 | 04:43 |
| 89 | 412 | Paulina Kaczmarska | POL | | Śrem | 1987 | K30 | 4 | | 9 | 00:23:37 | 00:23:37 | 04:43 |
| 90 | 339 | Izabela Troszczyńska-Bulak | POL | | Oborniki | 1991 | K20 | 5 | | 10 | 00:23:38 | 00:23:38 | 04:44 |
| 91 | 451 | Grzegorz Grześnik | POL | Tata Jaśminki i Felusia | Plewiska | 1981 | M30 | 28 | 81 | | 00:23:40 | 00:23:40 | 04:44 |
| 92 | 340 | Mateusz Bulak | POL | | Oborniki | 1991 | M20 | 25 | 82 | | 00:23:41 | 00:23:41 | 04:44 |
| 93 | 359 | Katarzyna Paczkowska | POL | | Kiekrz | 1983 | K30 | 5 | | 11 | 00:23:41 | 00:23:41 | 04:44 |
| 94 | 520 | Maciej Talarek | POL | | Oborniki | 1975 | M40 | 17 | 83 | | 00:23:45 | 00:23:45 | 04:45 |
| 95 | 297 | Anna Michalak | POL | | Ujście | 1973 | K40 | 1 | | 12 | 00:23:46 | 00:23:46 | 04:45 |
| 96 | 210 | Konstantinos Tsakalos | POL | INT4 moves | Poznan | 1993 | M20 | 26 | 84 | | 00:23:46 | 00:23:46 | 04:45 |
| 97 | 388 | Leszek Szopka | POL | | Poznań | 1986 | M30 | 29 | 85 | | 00:23:48 | 00:23:48 | 04:46 |
| 98 | 271 | Piotr Żurawski | POL | | Toruń | 1984 | M30 | 30 | 86 | | 00:23:50 | 00:23:50 | 04:46 |
| 99 | 329 | Błażej Jefremienko | POL | | Czapury | 1988 | M30 | 31 | 87 | | 00:23:50 | 00:23:50 | 04:46 |
| 100 | 543 | Dariusz Zieliński-Wronka | POL | | Swarzędz | 1970 | M40 | 18 | 88 | | 00:23:51 | 00:23:51 | 04:46 |
| 101 | 323 | Małgorzata Matuszek | POL | | Poznań | 1993 | K20 | 6 | | 13 | 00:23:58 | 00:23:58 | 04:48 |
| 102 | 169 | Robert Śniegocki | POL | | Środa Wielkopolska | 1975 | M40 | 19 | 89 | | 00:23:58 | 00:23:58 | 04:48 |
| 103 | 215 | Elena Pipchenko | POL | Decora Running Team | Środa Wielkopolska | 1979 | K40 | 2 | | 14 | 00:24:03 | 00:24:03 | 04:49 |
| 104 | 116 | Anna Marecka | POL | | Wrocław | 1990 | K20 | 7 | | 15 | 00:24:09 | 00:24:09 | 04:50 |
| 105 | 363 | Robert Kaczmarek | POL | Gdzie ta meta | Wiktorowo | 1973 | M40 | 20 | 90 | | 00:24:10 | 00:24:10 | 04:50 |
| 106 | 409 | Michał Tomaszewski | POL | Orange Polska | Poznań | 1991 | M20 | 27 | 91 | | 00:24:12 | 00:24:12 | 04:50 |
| 107 | 367 | Piotr Orywał | POL | www.szkody.eu | Poznań | 1968 | M50 | 4 | 92 | | 00:24:12 | 00:24:12 | 04:50 |
| 108 | 457 | Marcin Kaczor | POL | | Kościan | 1991 | M20 | 28 | 93 | | 00:24:19 | 00:24:19 | 04:52 |
| 109 | 466 | Hubert Ludwiczak | POL | | Poznań | 1992 | M20 | 29 | 94 | | 00:24:23 | 00:24:23 | 04:53 |
| 110 | 508 | Natalia Zawodna | POL | | Poznań | 1989 | K30 | 6 | | 16 | 00:24:25 | 00:24:25 | 04:53 |
| 111 | 560 | Arkadiusz Mazan | POL | | Kalisz | 1971 | M40 | 21 | 95 | | 00:24:30 | 00:24:30 | 04:54 |
| 112 | 441 | Jakub Nowicki | POL | UlaSzpula | Poznań | 1992 | M20 | 30 | 96 | | 00:24:32 | 00:24:32 | 04:55 |
| 113 | 440 | Urszula Nowicka | POL | UlaSzpula | Poznań | 1963 | K50 | 1 | | 17 | 00:24:33 | 00:24:33 | 04:55 |
| 114 | 251 | Michalina Krzysztofiak | POL | Helios Czempir Team | Czempir | 1987 | K30 | 7 | | 18 | 00:24:35 | 00:24:35 | 04:55 |
| 115 | 112 | Katarzyna Cieśliewicz-Galas | POL | | Poznań | 1979 | K40 | 3 | | 19 | 00:24:38 | 00:24:38 | 04:56 |
| 116 | 470 | Bartosz Matuszewski | POL | Serikon Team | Poznań | 2001 | M15 | 9 | 97 | | 00:24:42 | 00:24:42 | 04:56 |
| 117 | 122 | Wojciech Zmudziński | POL | KB UE Poznań | Poznań | 1969 | M50 | 5 | 98 | | 00:24:45 | 00:24:45 | 04:57 |
| 118 | 443 | Marlena Drajerczak | POL | MUAY RUNNING TEAM | Poznań | 1978 | K40 | 4 | | 20 | 00:24:51 | 00:24:51 | 04:58 |
| 119 | 126 | Wojciech Gajda | POL | Rycerze Ortalionu | Suchy Las | 1987 | M30 | 32 | 99 | | 00:24:54 | 00:24:54 | 04:59 |
| 120 | 139 | Joanna Przybylska | POL | | Poznań | 1987 | K30 | 8 | | 21 | 00:24:56 | 00:24:56 | 04:59 |

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|------|-----|----------------------|------|--------------------------------|------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 121 | 360 | Waldek Jankowski | POL | B.free Sport | Kawczyn | 1966 | M50 | 6 | 100 | | 00:24:56 | 00:24:56 | 04:59 |
| 122 | 262 | Marcin Kalek | POL | WKU POZNAŃ - GOWARZEWO FAMIL\ | Gowarzewo | 1978 | M40 | 22 | 101 | | 00:24:58 | 00:24:58 | 05:00 |
| 123 | 101 | Łukasz Walczak | POL | | Lusowo | 1983 | M30 | 33 | 102 | | 00:24:58 | 00:24:58 | 05:00 |
| 124 | 99 | Michał Szeszuła | POL | Night Runners | Poznań | 1975 | M40 | 23 | 103 | | 00:25:00 | 00:25:00 | 05:00 |
| 125 | 379 | Dawid Płaczek | POL | | Biskupice | 1976 | M40 | 24 | 104 | | 00:25:02 | 00:25:02 | 05:01 |
| 126 | 238 | Marek Stanek | POL | STUDIO FIGURA | Poznań | 1991 | M20 | 31 | 105 | | 00:25:04 | 00:25:04 | 05:01 |
| 127 | 241 | Justyna Stasińska | POL | STUDIO FIGURA | Poznań | 1995 | K20 | 8 | | 22 | 00:25:05 | 00:25:05 | 05:01 |
| 128 | 436 | Robert Kupczak | POL | Bukowski Klub Biegacza | Buk | 1968 | M50 | 7 | 106 | | 00:25:10 | 00:25:10 | 05:02 |
| 129 | 422 | Aleksander Szymański | POL | Oleksy Biega | Swarzędz | 1972 | M40 | 25 | 107 | | 00:25:15 | 00:25:15 | 05:03 |
| 130 | 549 | Michał Juskowiak | POL | | Poznan | 1950 | M60+ | 3 | 108 | | 00:25:28 | 00:25:28 | 05:06 |
| 131 | 200 | Miłosz Juszczak | POL | | Poznań | 1986 | M30 | 34 | 109 | | 00:25:29 | 00:25:29 | 05:06 |
| 132 | 431 | Monika Kupczak | POL | HERNIK TEAM | Buk | 1995 | K20 | 9 | | 23 | 00:25:29 | 00:25:29 | 05:06 |
| 133 | 491 | Klaudia Hernik | POL | 1990 | Poznań | 1990 | K20 | 10 | | 24 | 00:25:39 | 00:25:39 | 05:08 |
| 134 | 420 | Katarzyna Mantyk | POL | | Poznań | 1982 | K30 | 9 | | 25 | 00:25:40 | 00:25:40 | 05:08 |
| 135 | 403 | Tomasz Jąder | POL | | Wolkowo | 1988 | M30 | 35 | 110 | | 00:25:44 | 00:25:44 | 05:09 |
| 136 | 250 | Filip Kołodziej | POL | | Murowana Goślina | 2006 | M15 | 10 | 111 | | 00:25:48 | 00:25:48 | 05:10 |
| 137 | 362 | Tomasz Lijewski | POL | AMATORSKA LIGA CHULIGANKA SWAJ | Swarzędz | 1978 | M40 | 26 | 112 | | 00:25:48 | 00:25:48 | 05:10 |
| 138 | 317 | Karina Radosz | POL | Eurovent Athletics | Rabowice | 1983 | K30 | 10 | | 26 | 00:25:50 | 00:25:50 | 05:10 |
| 139 | 165 | Mirosław Kubiak | POL | SWARZĘDZ | Swarzędz | 1965 | M50 | 8 | 113 | | 00:25:55 | 00:25:55 | 05:11 |
| 140 | 318 | Elżbieta Wojtarowicz | POL | | Poznań | 1984 | K30 | 11 | | 27 | 00:25:55 | 00:25:55 | 05:11 |
| 141 | 186 | Marta Lewkowicz | POL | | Łódź | 1988 | K30 | 12 | | 28 | 00:25:56 | 00:25:56 | 05:11 |
| 142 | 117 | Michał Nowacki | POL | | Poznań | 1981 | M30 | 36 | 114 | | 00:25:59 | 00:25:59 | 05:12 |
| 143 | 503 | Adam Łangowski | POL | | Poznań | 2001 | M15 | 11 | 115 | | 00:26:02 | 00:26:02 | 05:12 |
| 144 | 492 | Piotr Hernik | POL | 1987 | Swarzędz | 1987 | M30 | 37 | 116 | | 00:26:04 | 00:26:04 | 05:13 |
| 145 | 226 | Yetsabeth Gonzalez | USA | | Poznan | 1975 | K40 | 5 | | 29 | 00:26:05 | 00:26:05 | 05:13 |
| 146 | 408 | Przemysław Kniat | POL | | Komorniki | 1980 | M30 | 38 | 117 | | 00:26:06 | 00:26:06 | 05:13 |
| 147 | 142 | Jadwiga Duda | POL | | Szamotuły | 1957 | K60+ | 1 | | 30 | 00:26:07 | 00:26:07 | 05:13 |
| 148 | 416 | Jakub Żukliński | POL | Sportowy Team Żabki | Poznań | 1995 | M20 | 32 | 118 | | 00:26:11 | 00:26:11 | 05:14 |
| 149 | 181 | Damian Borsuk | POL | Borsucza Osada | Łowęcin | 1985 | M30 | 39 | 119 | | 00:26:13 | 00:26:13 | 05:15 |
| 150 | 344 | Maciej Uniejewski | POL | | Poznań | 1994 | M20 | 33 | 120 | | 00:26:13 | 00:26:13 | 05:15 |
| 151 | 462 | Mateusz Lupa | POL | SLU | Margonin | 1990 | M20 | 34 | 121 | | 00:26:16 | 00:26:16 | 05:15 |
| 152 | 358 | Wiktoria Marciniak | POL | Biegamy dla medali | Plewiska | 2000 | K15 | 2 | | 31 | 00:26:18 | 00:26:18 | 05:16 |
| 153 | 320 | Małgorzata Adamczyk | POL | SKS Oborniki | Oborniki | 1973 | K40 | 6 | | 32 | 00:26:20 | 00:26:20 | 05:16 |
| 154 | 500 | Agnieszka Palacz | POL | | Rosnówko | 1988 | K30 | 13 | | 33 | 00:26:20 | 00:26:20 | 05:16 |
| 155 | 518 | Aleksander Pięga | POL | Sportowy Kazmierz | Kiączyn | 2004 | M15 | 12 | 122 | | 00:26:21 | 00:26:21 | 05:16 |
| 156 | 267 | Adrian Maciejewski | POL | 1988 | Luboń | 1988 | M30 | 40 | 123 | | 00:26:31 | 00:26:31 | 05:18 |
| 157 | 384 | Paulina Ignaczak | POL | paula93322@gmail.com | Poznań | 1993 | K20 | 11 | | 34 | 00:26:31 | 00:26:31 | 05:18 |
| 158 | 541 | Emil Wronka | POL | | Swarzędz | 1994 | M20 | 35 | 124 | | 00:26:31 | 00:26:31 | 05:18 |
| 159 | 202 | Joanna Munc | POL | | Chodzież | 1983 | K30 | 14 | | 35 | 00:26:32 | 00:26:32 | 05:18 |
| 160 | 268 | Arkadiusz Kiereś | POL | | Gorzkie Pole | 1975 | M40 | 27 | 125 | | 00:26:32 | 00:26:32 | 05:18 |

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|------|-----|---------------------------------|------|---------------------------------------|--------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 161 | 552 | Kamil Kujawa | POL | Serikon Team | Poznań | 1997 | M20 | 36 | 126 | | 00:26:33 | 00:26:33 | 05:19 |
| 162 | 467 | Karolina Kokot-Wardęga | POL | | Czarnków | 1980 | K30 | 15 | | 36 | 00:26:36 | 00:26:36 | 05:19 |
| 163 | 499 | Marta Kujawa | POL | | Rokietnica | 1987 | K30 | 16 | | 37 | 00:26:38 | 00:26:38 | 05:20 |
| 164 | 524 | Paweł Szymanowicz | POL | | Nieczajna | 1983 | M30 | 41 | 127 | | 00:26:38 | 00:26:38 | 05:20 |
| 165 | 481 | Łukasz Ochociński | POL | PGB Sportowa Paczka | Włocławek | 1990 | M20 | 37 | 128 | | 00:26:38 | 00:26:38 | 05:20 |
| 166 | 240 | Tomek Żentkowski | POL | STUDIO FIGURA | Poznań | 1989 | M30 | 42 | 129 | | 00:26:42 | 00:26:42 | 05:21 |
| 167 | 208 | Natalia Żółtkiewicz | POL | KB Maniac Poznań | Poznań | 1993 | K20 | 12 | | 38 | 00:26:43 | 00:26:43 | 05:21 |
| 168 | 515 | Łukasz Adamczewski | POL | LA trener | Ksawerów | 1986 | M30 | 43 | 130 | | 00:26:55 | 00:26:55 | 05:23 |
| 169 | 551 | Maciej Zaborowski | POL | Fundacja Ogród Marzeń Jarocin | Jarocin | 1974 | M40 | 28 | 131 | | 00:26:56 | 00:26:56 | 05:23 |
| 170 | 365 | Dariusz Gierszewski | POL | | Poznań | 1980 | M30 | 44 | 132 | | 00:26:57 | 00:26:57 | 05:23 |
| 171 | 160 | Anna Musiał | POL | DBL | Poznań | 1991 | K20 | 13 | | 39 | 00:27:01 | 00:27:01 | 05:24 |
| 172 | 563 | Emilia Stachowiak | POL | #teambiegiwkp | Poznań | 1987 | K30 | 17 | | 40 | 00:27:05 | 00:27:05 | 05:25 |
| 173 | 214 | Arleta Rybka | POL | Decora Running Team | Środa Wielkopolska | 1976 | K40 | 7 | | 41 | 00:27:08 | 00:27:08 | 05:26 |
| 174 | 537 | Grzegorz Tomczak | POL | Gowarianie | Gowarzewo | 1980 | M30 | 45 | 133 | | 00:27:12 | 00:27:12 | 05:27 |
| 175 | 130 | Paweł Dawid | POL | Poznań | Poznań | 1992 | M20 | 38 | 134 | | 00:27:13 | 00:27:13 | 05:27 |
| 176 | 196 | Marcin Tomaszewski | POL | | Śrem | 1989 | M30 | 46 | 135 | | 00:27:13 | 00:27:13 | 05:27 |
| 177 | 103 | Przemysław Budziszewski | POL | | Poznań | 1995 | M20 | 39 | 136 | | 00:27:13 | 00:27:13 | 05:27 |
| 178 | 230 | Joanna Kaczmarek | POL | | Koziegłowy | 1986 | K30 | 18 | | 42 | 00:27:14 | 00:27:14 | 05:27 |
| 179 | 476 | Małgorzata Buzińska | POL | | Poznań | 1995 | K20 | 14 | | 43 | 00:27:16 | 00:27:16 | 05:27 |
| 180 | 526 | Weronika Siminiak | POL | | Poznań | 1996 | K20 | 15 | | 44 | 00:27:18 | 00:27:18 | 05:28 |
| 181 | 192 | Adrianna Marszałkiewicz | POL | #BIEGACZE | Chmielinko | 1995 | K20 | 16 | | 45 | 00:27:20 | 00:27:20 | 05:28 |
| 182 | 538 | Magdalena Tomczak | POL | Gowarianie | Gowarzewo | 1978 | K40 | 8 | | 46 | 00:27:20 | 00:27:20 | 05:28 |
| 183 | 461 | Maciej Czerwiński | POL | | Poznań | 1986 | M30 | 47 | 137 | | 00:27:25 | 00:27:25 | 05:29 |
| 184 | 140 | Agata Banaszak | POL | Wkurw_Team | Luboń | 1964 | K50 | 2 | | 47 | 00:27:27 | 00:27:27 | 05:30 |
| 185 | 531 | Roman Gaszczyński | POL | | Poznań | 1946 | M60+ | 4 | 138 | | 00:27:28 | 00:27:28 | 05:30 |
| 186 | 307 | Sławek Andryszak | POL | | Zalasewo | 1972 | M40 | 29 | 139 | | 00:27:28 | 00:27:28 | 05:30 |
| 187 | 522 | Aleksandra Ślęczka-Lebiedzińska | POL | OCR TEAM Zielona Góra | Zielona Góra | 1978 | K40 | 9 | | 48 | 00:27:30 | 00:27:30 | 05:30 |
| 188 | 423 | Anita Szymańska | POL | Anita biega bo Lubi | Poznań | 1998 | K20 | 17 | | 49 | 00:27:34 | 00:27:34 | 05:31 |
| 189 | 91 | Marta Sokala | POL | | Poznań | 1994 | K20 | 18 | | 50 | 00:27:35 | 00:27:35 | 05:31 |
| 190 | 472 | Wojciech Kruk | POL | Przebiegli Prawnicy | Poznań | 1994 | M20 | 40 | 140 | | 00:27:38 | 00:27:38 | 05:32 |
| 191 | 542 | Małgorzata Wronka | POL | | Swarzędz | 1969 | K50 | 3 | | 51 | 00:27:42 | 00:27:42 | 05:33 |
| 192 | 529 | Jakub Przybylski | POL | | Poznań | 1995 | M20 | 41 | 141 | | 00:27:43 | 00:27:43 | 05:33 |
| 193 | 356 | Marta Mrówczyńska | POL | | Poznań | 1989 | K30 | 19 | | 52 | 00:27:47 | 00:27:47 | 05:33 |
| 194 | 534 | Szymon Mańkowski | POL | | Poznań | 1997 | M20 | 42 | 142 | | 00:27:47 | 00:27:47 | 05:33 |
| 195 | 201 | Renata Żak | POL | | Poznań | 1973 | K40 | 10 | | 53 | 00:27:47 | 00:27:47 | 05:33 |
| 196 | 402 | Piotr Urbaniak | POL | | Poznań | 1963 | M50 | 9 | 143 | | 00:27:50 | 00:27:50 | 05:34 |
| 197 | 437 | Dariusz Andersz | POL | | Puszczykowo | 1957 | M60+ | 5 | 144 | | 00:27:52 | 00:27:52 | 05:35 |
| 198 | 134 | Bartosz Rzepka | POL | The Bobolines | Poznań | 1990 | M20 | 43 | 145 | | 00:27:55 | 00:27:55 | 05:35 |
| 199 | 218 | Agnieszka Borowczyk | POL | Decora Running Team | Środa Wielkopolska | 1993 | K20 | 19 | | 54 | 00:27:58 | 00:27:58 | 05:36 |
| 200 | 270 | Katarzyna Szymendera | POL | KS de Capoeira Menino é bom/ KS Polor | Środa Wielkopolska | 1990 | K20 | 20 | | 55 | 00:28:00 | 00:28:00 | 05:36 |

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|------|-----|-------------------------|------|---------------------|--------------------|---------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 201 | 390 | Aurelia Hańczyk | POL | | Witobel | 1975 | K40 | 11 | | 56 | 00:28:00 | 00:28:00 | 05:36 |
| 202 | 540 | Joanna Masztalerz | POL | | Buk | 1989 | K30 | 20 | | 57 | 00:28:06 | 00:28:06 | 05:37 |
| 203 | 546 | Arkadiusz Łakota | POL | SZAMOTUŁY | Otorowo | 1991 | M20 | 44 | 146 | | 00:28:11 | 00:28:11 | 05:38 |
| 204 | 502 | Małgorzata Marcinkowska | POL | | Jarocin | 1987 | K30 | 21 | | 58 | 00:28:11 | 00:28:11 | 05:38 |
| 205 | 544 | Mariusz Łakota | POL | | Szamotuły | 1985 | M30 | 48 | 147 | | 00:28:12 | 00:28:12 | 05:38 |
| 206 | 291 | Krzysztof Staniecki | POL | | Kiszewo | 1978 | M40 | 30 | 148 | | 00:28:13 | 00:28:13 | 05:39 |
| 207 | 305 | Łukasz Rudawski | POL | | Poznań | 1982 | M30 | 49 | 149 | | 00:28:15 | 00:28:15 | 05:39 |
| 208 | 454 | Radosław Szewczuk | POL | | Poznań | 1985 | M30 | 50 | 150 | | 00:28:16 | 00:28:16 | 05:39 |
| 209 | 157 | Joanna Konstańczak | POL | 1983 | Poznań | 1983 | K30 | 22 | | 59 | 00:28:21 | 00:28:21 | 05:40 |
| 210 | 395 | Arkadiusz Otuszewski | POL | | Poznań | 1985 | M30 | 51 | 151 | | 00:28:23 | 00:28:23 | 05:41 |
| 211 | 389 | Piotr Baumert | POL | | Witobel | 1992 | M20 | 45 | 152 | | 00:28:23 | 00:28:23 | 05:41 |
| 212 | 304 | Jakub Żurawski | POL | | Poznań | 1974 | M40 | 31 | 153 | | 00:28:24 | 00:28:24 | 05:41 |
| 213 | 536 | Michał Janas Kaseja | POL | | Poznań | 2004 | M15 | 13 | 154 | | 00:28:26 | 00:28:26 | 05:41 |
| 214 | 295 | Barbara Jędrzejczak | POL | Sportowy Team Żabki | Poznań | 1991 | K20 | 21 | | 60 | 00:28:27 | 00:28:27 | 05:41 |
| 215 | 473 | Aleksander Augustyn | POL | Sportowy Kaźmierz | Kaźmierz | 1969 | M50 | 10 | 155 | | 00:28:27 | 00:28:27 | 05:41 |
| 216 | 464 | Elzbieta Januszczak | POL | sportoy kazmierz | Kazmierz | 1973 | K40 | 12 | | 61 | 00:28:27 | 00:28:27 | 05:41 |
| 217 | 517 | Maja Pigła | POL | Sportowy Kaźmierz | Tarnowo Podgórne | 1982 | K30 | 23 | | 62 | 00:28:27 | 00:28:27 | 05:41 |
| 218 | 474 | Barbara Borkowska | POL | Przebiegli Prawnicy | Poznań | 1990 | K20 | 22 | | 63 | 00:28:27 | 00:28:27 | 05:42 |
| 219 | 486 | Kinga Malcher | POL | Przebiegli Prawnicy | Poznań | 1992 | K20 | 23 | | 64 | 00:28:27 | 00:28:27 | 05:42 |
| 220 | 519 | Michał Pigła | POL | Sportowy Kaźmierz | Kiączyn | 1981 | M30 | 52 | 156 | | 00:28:28 | 00:28:28 | 05:42 |
| 221 | 220 | Michał Flisiak | POL | Decora Running Team | Środa Wielkopolska | 1987 | M30 | 53 | 157 | | 00:28:29 | 00:28:29 | 05:42 |
| 222 | 195 | Karolina Budzińska | POL | | Plewiska | 1976 | K40 | 13 | | 65 | 00:28:29 | 00:28:29 | 05:42 |
| 223 | 447 | Martyna Żerańska | POL | | Dąbrówka | 1983 | K30 | 24 | | 66 | 00:28:32 | 00:28:32 | 05:43 |
| 224 | 135 | Kinga Napierała | POL | The Bobolines | Plewiska | 1993 | K20 | 24 | | 67 | 00:28:32 | 00:28:32 | 05:43 |
| 225 | 227 | Julio Ramirez | USA | | Poznan | 1975 | M40 | 32 | 158 | | 00:28:33 | 00:28:33 | 05:43 |
| 226 | 497 | Paweł Gul | POL | | Poznań | 1985 | M30 | 54 | 159 | | 00:28:34 | 00:28:34 | 05:43 |
| 227 | 266 | Damian Abramowicz | POL | REKSIO TEAM | Kalisz | 1971 | M40 | 33 | 160 | | 00:28:35 | 00:28:35 | 05:43 |
| 228 | 141 | Robert Pieczyński | POL | MOTO-CENTRALA | Luboń | 1965 | M50 | 11 | 161 | | 00:28:36 | 00:28:36 | 05:43 |
| 229 | 496 | Anna Gawron | POL | Dyszające Susły | Poznań | 1997 | K20 | 25 | | 68 | 00:28:39 | 00:28:39 | 05:44 |
| 230 | 249 | Dagmara Gieraszińska | POL | | Pobiedziska | 1997 | K20 | 26 | | 69 | 00:28:42 | 00:28:42 | 05:44 |
| 231 | 354 | Weronika Nowak | POL | | Aleksandrów Łódzki | 2001 | K15 | 3 | | 70 | 00:28:44 | 00:28:44 | 05:45 |
| 232 | 300 | Violetta Żerko | POL | SWARZĘDZ | Swarzedz | 1971 | K40 | 14 | | 71 | 00:28:44 | 00:28:44 | 05:45 |
| 233 | 106 | Agnieszka Jaruszewska | POL | RAJBANAN | Poznań | 1978 | K40 | 15 | | 72 | 00:28:45 | 00:28:45 | 05:45 |
| 234 | 107 | Anna Dąbrowska | POL | RAJBANAN | Poznań | 1983 | K30 | 25 | | 73 | 00:28:46 | 00:28:46 | 05:45 |
| 235 | 565 | Iza Wolska | POL | | Poznań | 1992 | K20 | 27 | | 74 | 00:28:48 | 00:28:48 | 05:46 |
| 236 | 419 | Katarzyna Kaliszek | POL | Sportowy Team Żabki | Poznań | 1993 | K20 | 28 | | 75 | 00:28:48 | 00:28:48 | 05:46 |
| 237 | 110 | Roman Rożkowski | POL | Dendroner's | Śrem | 1958 | M60+ | 6 | 162 | | 00:28:50 | 00:28:50 | 05:46 |
| 238 | 311 | Hubert Nowicki | POL | | Poznań | 1974 | M40 | 34 | 163 | | 00:28:52 | 00:28:52 | 05:46 |
| 239 | 298 | Robert Burkiciak | POL | Private team | Poznań | 1967 | M50 | 12 | 164 | | 00:28:52 | 00:28:52 | 05:47 |
| 240 | 557 | Bart Krist | POL | | Poznan | 1987 | M30 | 55 | 165 | | 00:28:59 | 00:28:59 | 05:48 |

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|------|-----|-----------------------------|------|-------------------------------|-------------------------|---------|------------|----------------|-----|-----|-------------|--------------|-----------------|
| 241 | 184 | Izabela Junkiert | POL | Super Kawki | Poznań | 1996 | K20 | 29 | | 76 | 00:29:00 | 00:29:00 | 05:48 |
| 242 | 417 | Agnieszka Bossy | POL | Sportowy Team Żabki | Poznań | 1992 | K20 | 30 | | 77 | 00:29:01 | 00:29:01 | 05:48 |
| 243 | 509 | Anna Bryćko | POL | Zielona Góra | Zielona Góra | 1999 | K20 | 31 | | 78 | 00:29:05 | 00:29:05 | 05:49 |
| 244 | 235 | Jakub Pela | POL | Decora Running Team | Środa Wielkopolska | 1987 | M30 | 56 | 166 | | 00:29:05 | 00:29:05 | 05:49 |
| 245 | 498 | Anna Dworzańska - Gul | POL | | Poznań | 1984 | K30 | 26 | | 79 | 00:29:07 | 00:29:07 | 05:50 |
| 246 | 173 | Adrianna Czaczcyk | POL | | Suchy Las | 1992 | K20 | 32 | | 80 | 00:29:09 | 00:29:09 | 05:50 |
| 247 | 528 | Kamil Pyzik | POL | | Poznań | 1995 | M20 | 46 | 167 | | 00:29:09 | 00:29:09 | 05:50 |
| 248 | 400 | Mariusz Pawlaczyk | POL | Maruderzy | Poznań | 1973 | M40 | 35 | 168 | | 00:29:09 | 00:29:09 | 05:50 |
| 249 | 229 | Sylwia Potaczek | POL | | Świdwin | 1993 | K20 | 33 | | 81 | 00:29:10 | 00:29:10 | 05:50 |
| 250 | 433 | Monika Merklingshaus-Kober | POL | Speed Feet | Kościan | 1975 | K40 | 16 | | 82 | 00:29:11 | 00:29:11 | 05:50 |
| 251 | 174 | Monika Kurpisz | POL | DRUŻYNA SZPIKU | Poznań | 1971 | K40 | 17 | | 83 | 00:29:15 | 00:29:15 | 05:51 |
| 252 | 572 | Robert Gręda | POL | | Koło | 1984 | M30 | 57 | 169 | | 00:29:15 | 00:29:15 | 05:51 |
| 253 | 338 | Dagmara Manowska | POL | LOCO Team | Poznań | 1970 | K40 | 18 | | 84 | 00:29:16 | 00:29:16 | 05:51 |
| 254 | 176 | Daria Piętka | POL | | Poznań | 1987 | K30 | 27 | | 85 | 00:29:17 | 00:29:17 | 05:52 |
| 255 | 479 | Kinga Wieczorkiewicz-Grajek | POL | | Poznań | 1983 | K30 | 28 | | 86 | 00:29:17 | 00:29:17 | 05:52 |
| 256 | 137 | Agata Grotowska | POL | | Poznań | 1986 | K30 | 29 | | 87 | 00:29:18 | 00:29:18 | 05:52 |
| 257 | 550 | Małgorzata Sibilak | POL | | Gowarzewo | 1982 | K30 | 30 | | 88 | 00:29:20 | 00:29:20 | 05:52 |
| 258 | 138 | Dariusz Szczypiński | POL | | Poznań | 1973 | M40 | 36 | 170 | | 00:29:22 | 00:29:22 | 05:53 |
| 259 | 465 | Edward Bułat | POL | | Gniezno | 1955 | M60+ | 7 | 171 | | 00:29:23 | 00:29:23 | 05:53 |
| 260 | 512 | Marta Kabsch | POL | Fit Fly Magda Jarmuż | Poznań | 1987 | K30 | 31 | | 89 | 00:29:24 | 00:29:24 | 05:53 |
| 261 | 561 | Miłosz Brakoniecki | POL | | Poznań | 1977 | M40 | 37 | 172 | | 00:29:24 | 00:29:24 | 05:53 |
| 262 | 213 | Mariusz Kosiński | POL | Decora Running Team | Środa Wielkopolska | 1982 | M30 | 58 | 173 | | 00:29:28 | 00:29:28 | 05:54 |
| 263 | 554 | Adrian Michałowicz | POL | | Poznań | 1981 | M30 | 59 | 174 | | 00:29:29 | 00:29:29 | 05:54 |
| 264 | 166 | Iwona Borsuk | POL | | Poznań | 1979 | K40 | 19 | | 90 | 00:29:30 | 00:29:30 | 05:54 |
| 265 | 209 | Kamila Sikorska-Podyma | POL | UAM Poznań | Poznań | 1983 | K30 | 32 | | 91 | 00:29:32 | 00:29:32 | 05:55 |
| 266 | 413 | Bartosz Pawlak | POL | Kibole w biegu | Poznań | 1979 | M40 | 38 | 175 | | 00:29:35 | 00:29:35 | 05:55 |
| 267 | 399 | Piotr Kasperski | POL | | Kostrzyn | 1979 | M40 | 39 | 176 | | 00:29:37 | 00:29:37 | 05:55 |
| 268 | 149 | Nadiia Boichuk | UKR | | Poznań | 1977 | K40 | 20 | | 92 | 00:29:38 | 00:29:38 | 05:56 |
| 269 | 302 | Henryk Maćkowiak | POL | UAM | Poznań | 1970 | M40 | 40 | 177 | | 00:29:39 | 00:29:39 | 05:56 |
| 270 | 127 | Anna Świt | POL | Rycerze Ortalionu | Suchy Las | 1987 | K30 | 33 | | 93 | 00:29:40 | 00:29:40 | 05:56 |
| 271 | 211 | Sylwia Klich | POL | Kb Katorżnik Murowana Goślina | Murowana Goślina | 1985 | K30 | 34 | | 94 | 00:29:44 | 00:29:44 | 05:57 |
| 272 | 225 | Marzena Kołodziej | POL | | Murowana Goślina | 1978 | K40 | 21 | | 95 | 00:29:44 | 00:29:44 | 05:57 |
| 273 | 460 | Tomasz Batko | POL | Suchy Las | Złotniki, Gm. Suchy Las | 1983 | M30 | 60 | 178 | | 00:29:45 | 00:29:45 | 05:57 |
| 274 | 261 | Mariusz Warkocki | POL | | Złotniki | 1979 | M40 | 41 | 179 | | 00:29:45 | 00:29:45 | 05:57 |
| 275 | 385 | Agnieszka Warkocka | POL | | Złotniki | 1979 | K40 | 22 | | 96 | 00:29:45 | 00:29:45 | 05:57 |
| 276 | 418 | Joanna Przybysz | POL | Sportowy Team Żabki | Poznań | 1994 | K20 | 34 | | 97 | 00:29:45 | 00:29:45 | 05:57 |
| 277 | 232 | Nicole Valdez | USA | | Swarzędz | 1989 | K30 | 35 | | 98 | 00:29:47 | 00:29:47 | 05:57 |
| 278 | 510 | Weronika Brusilo | POL | AZS | Krosno Odrzańskie | 1999 | K20 | 35 | | 99 | 00:29:58 | 00:29:58 | 06:00 |
| 279 | 223 | Anna Bułynko | POL | | Puszczykowo | 1971 | K40 | 23 | | 100 | 00:30:03 | 00:30:03 | 06:01 |
| 280 | 199 | Przemysław Budny | POL | | Poznań | 1979 | M40 | 42 | 180 | | 00:30:03 | 00:30:03 | 06:01 |

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|------|-----|----------------------------|------|---------------------|-------------|---------|------------|----------------|-----|-----|-------------|--------------|-----------------|
| 281 | 206 | Emilia Kaczmarek | POL | Kropeczki | Gniezno | 1991 | K20 | 36 | | 101 | 00:30:03 | 00:30:03 | 06:01 |
| 282 | 205 | Tomasz Kropidłowski | POL | Kropeczki | Gniezno | 1971 | M40 | 43 | 181 | | 00:30:04 | 00:30:04 | 06:01 |
| 283 | 207 | Karolina Stachura | POL | Rok | Kaczanowo | 1977 | K40 | 24 | | 102 | 00:30:08 | 00:30:08 | 06:02 |
| 284 | 577 | Karolina Matyla-Krajewska | POL | | Zalasewo | 1976 | K40 | 25 | | 103 | 00:30:11 | 00:30:11 | 06:02 |
| 285 | 102 | Weronika Rępańska | POL | | Poznań | 1995 | K20 | 37 | | 104 | 00:30:13 | 00:30:13 | 06:03 |
| 286 | 521 | Tatiana Zlotowicz | POL | | Poznań | 1976 | K40 | 26 | | 105 | 00:30:13 | 00:30:13 | 06:03 |
| 287 | 187 | Katarzyna Krych | POL | | Poznań | 1993 | K20 | 38 | | 106 | 00:30:13 | 00:30:13 | 06:03 |
| 288 | 194 | Katarzyna Kopacz | POL | | Poznań | 1994 | K20 | 39 | | 107 | 00:30:18 | 00:30:18 | 06:04 |
| 289 | 327 | Jan Zwierzyński | POL | Grupa Arcybiskupa | Poznań | 1987 | M30 | 61 | 182 | | 00:30:19 | 00:30:19 | 06:04 |
| 290 | 328 | Marzena Zwierzyńska | POL | Grupa Arcybiskupa | Poznań | 1987 | K30 | 36 | | 108 | 00:30:19 | 00:30:19 | 06:04 |
| 291 | 370 | Weronika Hetmańczyk | POL | | Poznań | 1994 | K20 | 40 | | 109 | 00:30:24 | 00:30:24 | 06:05 |
| 292 | 341 | Norbert Stockfisch | POL | Dzieci Nocy | Koziegłowy | 1976 | M40 | 44 | 183 | | 00:30:29 | 00:30:29 | 06:06 |
| 293 | 114 | Monika Michałkowska | POL | | Poznań | 1991 | K20 | 41 | | 110 | 00:30:30 | 00:30:30 | 06:06 |
| 294 | 453 | Anna Rozmiarek | POL | | Poznań | 1995 | K20 | 42 | | 111 | 00:30:31 | 00:30:31 | 06:06 |
| 295 | 170 | Katarzyna Kulek | POL | ChampionMan Team | Czempiń | 1985 | K30 | 37 | | 112 | 00:30:33 | 00:30:33 | 06:07 |
| 296 | 322 | Alicja Pawlicka | POL | | Poznań | 1986 | K30 | 38 | | 113 | 00:30:34 | 00:30:34 | 06:07 |
| 297 | 183 | Jarosław Kawczyński | POL | Super Kawki | Poznań | 1996 | M20 | 47 | 184 | | 00:30:37 | 00:30:37 | 06:08 |
| 298 | 571 | Karolina Zawalska | POL | | Poznań | 1987 | K30 | 39 | | 114 | 00:30:46 | 00:30:46 | 06:09 |
| 299 | 119 | Edyta Trawińska | POL | | Wiry | 1982 | K30 | 40 | | 115 | 00:30:52 | 00:30:52 | 06:11 |
| 300 | 411 | Katarzyna Detzner | POL | | Śrem | 1984 | K30 | 41 | | 116 | 00:30:55 | 00:30:55 | 06:11 |
| 301 | 404 | Liliana Ratajczak-Dorsz | POL | | Śrem | 1980 | K30 | 42 | | 117 | 00:30:55 | 00:30:55 | 06:11 |
| 302 | 193 | Magdalena Legan | POL | | Poznań | 1989 | K30 | 43 | | 118 | 00:30:57 | 00:30:57 | 06:11 |
| 303 | 278 | Magdalena Pieprzycka | POL | | Poznań | 1993 | K20 | 43 | | 119 | 00:30:58 | 00:30:58 | 06:12 |
| 304 | 333 | Katarzyna Targosz | POL | | Poznań | 1987 | K30 | 44 | | 120 | 00:30:58 | 00:30:58 | 06:12 |
| 305 | 458 | Anna Morka | POL | | Obrzycko | 1985 | K30 | 45 | | 121 | 00:31:00 | 00:31:00 | 06:12 |
| 306 | 410 | Piotr Ciszewski | POL | | Poznań | 1992 | M20 | 48 | 185 | | 00:31:03 | 00:31:03 | 06:13 |
| 307 | 393 | Piotr Mularski | POL | | Lisiec Mały | 1988 | M30 | 62 | 186 | | 00:31:08 | 00:31:08 | 06:14 |
| 308 | 378 | Dariusz Nowak | POL | | Gostyń | 1982 | M30 | 63 | 187 | | 00:31:12 | 00:31:12 | 06:15 |
| 309 | 415 | Paulina Polichnowska | POL | Sportowy Team Żabki | Poznań | 1992 | K20 | 44 | | 122 | 00:31:12 | 00:31:12 | 06:15 |
| 310 | 459 | Katarzyna Nowakowska | POL | Żuczek | Mogilno | 1989 | K30 | 46 | | 123 | 00:31:15 | 00:31:15 | 06:15 |
| 311 | 286 | Martyna Żegleń-Szewczyńska | POL | Grupa Arcybiskupa | Czapury | 1985 | K30 | 47 | | 124 | 00:31:27 | 00:31:27 | 06:18 |
| 312 | 468 | Magdalena Ceglaz | POL | 1983 | Czarnków | 1983 | K30 | 48 | | 125 | 00:31:31 | 00:31:31 | 06:18 |
| 313 | 469 | Aleksandra Matecka-Świątek | POL | kama run | Czarnków | 1975 | K40 | 27 | | 126 | 00:31:31 | 00:31:31 | 06:18 |
| 314 | 288 | Jolanta Fortuna-Czmok | POL | | Swarzędz | 1977 | K40 | 28 | | 127 | 00:31:32 | 00:31:32 | 06:19 |
| 315 | 576 | Karolina Kiejnich | POL | | Poznań | 1994 | K20 | 45 | | 128 | 00:31:32 | 00:31:32 | 06:19 |
| 316 | 398 | Weronika Nowaczyk | POL | | Poznań | 1985 | K30 | 49 | | 129 | 00:31:32 | 00:31:32 | 06:19 |
| 317 | 326 | Agnieszka Strzelewicz | POL | | Poznań | 1983 | K30 | 50 | | 130 | 00:31:33 | 00:31:33 | 06:19 |
| 318 | 505 | Asia Witkowska | POL | Endorfin dealers | Swarzędz | 1984 | K30 | 51 | | 131 | 00:31:39 | 00:31:39 | 06:20 |
| 319 | 310 | Grażyna Graczyk | POL | | Poznań | 1981 | K30 | 52 | | 132 | 00:31:42 | 00:31:42 | 06:21 |
| 320 | 190 | Alicja Gray | POL | Piękny i Bestia | Poznań | 1983 | K30 | 53 | | 133 | 00:31:51 | 00:31:51 | 06:22 |

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| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|-------------------------|------|--------------------------------------|------------------|---------|------------|----------------|-----|-----|-------------|--------------|-----------------|
| 321 | 188 | Anna Pawłowska | POL | | Ostrzeszów | 1985 | K30 | 54 | | 134 | 00:31:52 | 00:31:52 | 06:23 |
| 322 | 516 | Karolina Dziedzic | POL | | Poznan | 1979 | K40 | 29 | | 135 | 00:31:53 | 00:31:53 | 06:23 |
| 323 | 151 | Wirginia Król | POL | DLA HENIA | Tarnowo Podgórne | 1961 | K50 | 4 | | 136 | 00:31:53 | 00:31:53 | 06:23 |
| 324 | 191 | Tomasz Kosiński | POL | Piękny i Bestia | Poznań | 1985 | M30 | 64 | 188 | | 00:31:53 | 00:31:53 | 06:23 |
| 325 | 414 | Joanna Ciura | POL | Sportowy Team Żabki | Poznań | 1990 | K20 | 46 | | 137 | 00:31:53 | 00:31:53 | 06:23 |
| 326 | 308 | Małgotzata Korzeniowska | POL | Night Runners Poznań | Poznań | 1983 | K30 | 55 | | 138 | 00:31:58 | 00:31:58 | 06:24 |
| 327 | 145 | Martyna Szelerska | POL | | Radzyny | 2004 | K15 | 4 | | 139 | 00:32:00 | 00:32:00 | 06:24 |
| 328 | 475 | Jakub Pewiński | POL | | Kościan | 1983 | M30 | 65 | 189 | | 00:32:03 | 00:32:03 | 06:25 |
| 329 | 167 | Monika Budzyńska | POL | | Poznań | 1988 | K30 | 56 | | 140 | 00:32:03 | 00:32:03 | 06:25 |
| 330 | 224 | Joanna Bułynko | POL | | Puszczycowo | 2004 | K15 | 5 | | 141 | 00:32:15 | 00:32:15 | 06:27 |
| 331 | 234 | Agnieszka Smerdka | POL | | Poznań | 1988 | K30 | 57 | | 142 | 00:32:18 | 00:32:18 | 06:28 |
| 332 | 242 | Alicja Bękowska -Rogala | POL | STUDIO FIGURA | Poznań | 1987 | K30 | 58 | | 143 | 00:32:21 | 00:32:21 | 06:28 |
| 333 | 273 | Agnieszka Chojnacka | POL | | Poznań | 1987 | K30 | 59 | | 144 | 00:32:36 | 00:32:36 | 06:31 |
| 334 | 493 | Anna Andersz-Jaworska | POL | | Puszczycowo | 1988 | K30 | 60 | | 145 | 00:32:45 | 00:32:45 | 06:33 |
| 335 | 246 | Sylvia Bartosz | POL | STUDIO FIGURA | Poznań | 1971 | K40 | 30 | | 146 | 00:32:46 | 00:32:46 | 06:33 |
| 336 | 197 | Izabela Myk | POL | Mud Goats | Plewiska | 1992 | K20 | 47 | | 147 | 00:32:46 | 00:32:46 | 06:33 |
| 337 | 198 | Grażyna Budna | POL | | Poznań | 1979 | K40 | 31 | | 148 | 00:32:46 | 00:32:46 | 06:33 |
| 338 | 342 | Ewa Stempniak | POL | | Szamocin | 1984 | K30 | 61 | | 149 | 00:32:47 | 00:32:47 | 06:34 |
| 339 | 189 | Beata Kostańska | POL | KOŚCIAN TEAM | Kościan | 1978 | K40 | 32 | | 150 | 00:32:48 | 00:32:48 | 06:34 |
| 340 | 343 | Karolina Markiewicz | POL | | Luboń | 1988 | K30 | 62 | | 151 | 00:32:52 | 00:32:52 | 06:34 |
| 341 | 315 | Katarzyna Gendera | POL | | Poznań | 1978 | K40 | 33 | | 152 | 00:32:54 | 00:32:54 | 06:35 |
| 342 | 369 | Aleksandra Orywał | POL | Kancelaria Radcy Prawnego Aleksandra | Poznań | 1972 | K40 | 34 | | 153 | 00:32:55 | 00:32:55 | 06:35 |
| 343 | 392 | Viola Wolff | POL | Bukowski Klub Biegacza | Buk | 1967 | K50 | 5 | | 154 | 00:32:58 | 00:32:58 | 06:36 |
| 344 | 347 | Anna Krzyżańska | POL | 1985 | Tarnowo Podgórne | 1985 | K30 | 63 | | 155 | 00:33:01 | 00:33:01 | 06:36 |
| 345 | 321 | Daria Pawlicka | POL | | Poznań | 1991 | K20 | 48 | | 156 | 00:33:06 | 00:33:06 | 06:37 |
| 346 | 336 | Karolina Knach-Manowska | POL | LOCO | Poznań | 1971 | K40 | 35 | | 157 | 00:33:08 | 00:33:08 | 06:38 |
| 347 | 478 | Beata Łuczyk | POL | For Run Team | Poznań | 1975 | K40 | 36 | | 158 | 00:33:10 | 00:33:10 | 06:38 |
| 348 | 477 | Rafał Łuczyk | POL | For Run Team | Poznań | 1975 | M40 | 45 | 190 | | 00:33:10 | 00:33:10 | 06:38 |
| 349 | 513 | Adrian Hryckowian | POL | LA trener | Koszalin | 1989 | M30 | 66 | 191 | | 00:33:11 | 00:33:11 | 06:38 |
| 350 | 514 | Magdalena Rudzińska | POL | LA trener | Koszalin | 1995 | K20 | 49 | | 159 | 00:33:13 | 00:33:13 | 06:39 |
| 351 | 382 | Kasia Długowska | POL | Endorfin dealers | Poznań | 1984 | K30 | 64 | | 160 | 00:33:14 | 00:33:14 | 06:39 |
| 352 | 383 | Agata Krawczyk | POL | Endorfin dealers | Biedrusko | 1989 | K30 | 65 | | 161 | 00:33:15 | 00:33:15 | 06:39 |
| 353 | 182 | Matylda Krupkowska | POL | | Poznań | 1991 | K20 | 50 | | 162 | 00:33:16 | 00:33:16 | 06:39 |
| 354 | 574 | Roksana Adamczewska | POL | | Łódź | 1989 | K30 | 66 | | 163 | 00:33:17 | 00:33:17 | 06:40 |
| 355 | 435 | Anita Skoczylas | POL | MUAY RUNNING TEAM | Poznań | 1973 | K40 | 37 | | 164 | 00:33:19 | 00:33:19 | 06:40 |
| 356 | 480 | Joanna Żurawska | POL | | Poznań | 1983 | K30 | 67 | | 165 | 00:33:19 | 00:33:19 | 06:40 |
| 357 | 357 | Magdalena Zalewska | POL | LOCO Team | Poznań | 1973 | K40 | 38 | | 166 | 00:33:20 | 00:33:20 | 06:40 |
| 358 | 231 | Ilona Kulska | POL | | Poznań | 1991 | K20 | 51 | | 167 | 00:33:22 | 00:33:22 | 06:40 |
| 359 | 228 | Dagmara Kowalczyk | POL | | Poznań | 1986 | K30 | 68 | | 168 | 00:33:22 | 00:33:22 | 06:40 |
| 360 | 331 | Weronika Olejniczak | POL | Siłownia fitness4seven | Pakosław | 1996 | K20 | 52 | | 169 | 00:33:28 | 00:33:28 | 06:42 |

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| Msc. | Nr | Imię i nazwisko | Nar. | Klub | Miejscowość | Rocznik | Kat. wiek. | msc. kat.wiek. | M | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|------------------------|------|------------------------|--------------------|---------|------------|----------------|-----|-----|-------------|--------------|-----------------|
| 361 | 488 | Maria Bałwas | POL | Grupa Profesja | Poznań | 1989 | K30 | 69 | | 170 | 00:33:36 | 00:33:36 | 06:43 |
| 362 | 353 | Agnieszka Szymańska | POL | MUAY RUNNIG TEAM | Poznań | 1978 | K40 | 39 | | 171 | 00:33:41 | 00:33:41 | 06:44 |
| 363 | 243 | Adam Nowak | POL | STUDIO FIGURA | Poznań | 1994 | M20 | 49 | 192 | | 00:33:43 | 00:33:43 | 06:45 |
| 364 | 564 | Magdalena Kubiak | POL | | Swarzędz | 2003 | K15 | 6 | | 172 | 00:33:44 | 00:33:44 | 06:45 |
| 365 | 248 | Paweł Witek | POL | | Poznań | 1985 | M30 | 67 | 193 | | 00:33:49 | 00:33:49 | 06:46 |
| 366 | 247 | Karolina Witek | POL | | Poznań | 1987 | K30 | 70 | | 173 | 00:33:49 | 00:33:49 | 06:46 |
| 367 | 314 | Waldemar Biskupski | POL | Waldek | Kostrzyn | 1964 | M50 | 13 | 194 | | 00:33:53 | 00:33:53 | 06:47 |
| 368 | 401 | Maria Urbaniak | POL | | Poznań | 1969 | K50 | 6 | | 174 | 00:33:56 | 00:33:56 | 06:47 |
| 369 | 97 | Sylwia Odwrot | POL | | Szamotoły | 1980 | K30 | 71 | | 175 | 00:34:20 | 00:34:20 | 06:52 |
| 370 | 325 | Joanna Melnicka | POL | Nie dotyczy | Poznań | 1972 | K40 | 40 | | 176 | 00:34:29 | 00:34:29 | 06:54 |
| 371 | 120 | Krzysztof Jurkiewicz | POL | | Poznań | 1963 | M50 | 14 | 195 | | 00:34:39 | 00:34:39 | 06:56 |
| 372 | 121 | Eliza Kleczewska | POL | | Poznań | 1985 | K30 | 72 | | 177 | 00:34:39 | 00:34:39 | 06:56 |
| 373 | 501 | Karolina Cieśla | POL | Serikon Team | Tulce | 1980 | K30 | 73 | | 178 | 00:34:55 | 00:34:55 | 06:59 |
| 374 | 216 | Agata Szczot | POL | Decora Running Team | Środa Wielkopolska | 1973 | K40 | 41 | | 179 | 00:34:58 | 00:34:58 | 07:00 |
| 375 | 245 | Arkadiusz Kopeć | POL | STUDIO FIGURA | Poznań | 1979 | M40 | 46 | 196 | | 00:35:09 | 00:35:09 | 07:02 |
| 376 | 185 | Aleksandra Pawełczyk | POL | | Środa Wielkopolska | 1998 | K20 | 53 | | 180 | 00:35:29 | 00:35:29 | 07:06 |
| 377 | 92 | Patrycja Wikierska | POL | UKS CITYZEN_/BE3 | Poznań | 1979 | K40 | 42 | | 181 | 00:35:35 | 00:35:35 | 07:07 |
| 378 | 175 | Zuzanna Czekaj | POL | | Poznań | 1992 | K20 | 54 | | 182 | 00:35:37 | 00:35:37 | 07:08 |
| 379 | 95 | Martyna Kotynia | POL | | Poznań | 1991 | K20 | 55 | | 183 | 00:36:12 | 00:36:12 | 07:14 |
| 380 | 96 | Bartosz Łużny | POL | Czołgi Team | Murwana Goslina | 1992 | M20 | 50 | 197 | | 00:36:12 | 00:36:12 | 07:14 |
| 381 | 530 | Sri Ranganathan | POL | | Poznań | 1993 | K20 | 56 | | 184 | 00:36:17 | 00:36:17 | 07:15 |
| 382 | 217 | Anna Lesińska- Woźniak | POL | Decora Running Team | Środa Wielkopolska | 1984 | K30 | 74 | | 185 | 00:36:42 | 00:36:42 | 07:20 |
| 383 | 330 | Arkadiusz Kownacki | POL | | Witkowo | 1967 | M50 | 15 | 198 | | 00:37:19 | 00:37:19 | 07:28 |
| 384 | 396 | Anna Smukała | POL | | Poznań | 1988 | K30 | 75 | | 186 | 00:37:23 | 00:37:23 | 07:29 |
| 385 | 494 | Piotr Skowyra | POL | Stary Marych Wilda | Poznań | 1956 | M60+ | 8 | 199 | | 00:37:24 | 00:37:24 | 07:29 |
| 386 | 180 | Magdalena Królczyk | POL | | Plewiska | 1990 | K20 | 57 | | 187 | 00:37:59 | 00:37:59 | 07:36 |
| 387 | 179 | Krzysztof Królczyk | POL | | Plewiska | 1985 | M30 | 68 | 200 | | 00:38:00 | 00:38:00 | 07:36 |
| 388 | 548 | Edyta Jasak-Juskowiak | POL | | Poznań | 1970 | K40 | 43 | | 188 | 00:38:17 | 00:38:17 | 07:39 |
| 389 | 345 | Barbara Biesiada | POL | Gazeta Pogodna Krzęcin | Krzęcin | 1955 | K60+ | 2 | | 189 | 00:39:16 | 00:39:16 | 07:51 |
| 390 | 495 | Izabela Miler-Skowyra | POL | | Poznań | 1956 | K60+ | 3 | | 190 | 00:39:37 | 00:39:37 | 07:55 |